The year 2014 was, not unlike other years, one of successes and challenges for Mama’s Kitchen. And despite the challenges over 355,000 meals were home-delivered, clients walked out of Mama’s Pantry close to 5,800 times with food, and clients participated in 36 nutrition educations classes. The lives of close to 1,500 individuals and families were made better as a result of these services.

The details of these efforts are most familiar to the Mama’s Kitchen team of 12 employees (nine full-time and three part-time) who are consistently involved in the day-to-day operations and assure the most efficient and effective ways of responding to the nutritional needs of people affected by AIDS or cancer.

Some of what it takes to get a few hundred thousand meals to the homes of people that are otherwise vulnerable to hunger and malnutrition includes:

• Kitchen Volunteers who, with our chef, prepare hot and cold meals weekday mornings;
• Staging Volunteers who package food weekday mornings and early afternoons;
• Delivery Volunteers who pick up meals at the kitchen or one of our satellite pickup locations in North County and deliver them to our clients in their homes on Mondays, Wednesdays and Fridays;
• Pantry Volunteers who stock shelves and assist clients at Mama’s Pantry Monday through Friday from 10am-4pm;
• Food Drive Volunteers who staff food drives at two Ralphs locations on the first and third Sunday of each month, collecting nonperishable items for Mama’s Pantry;

These are but a few of the pieces. The feedback from our clients provides the most accurate indication of the impact of our services on the lives of the people we support and serve. Thus, the value and resonance of these words from two of our clients:

“I really appreciate the love and quality of meals in my darkest hour…you relieved me of worries. And the food was actually good.”
— 60 year old man living with AIDS

“My first concern was about taking care of my children and my husband. After my surgery I was not able to work, drive, lift heavy objects, shop, let alone cook. When Mama’s Kitchen came to my door with prepared food I was lifted of a burden.”
— 34 year-old woman living with breast cancer
SERVICES PROVIDED

**Nutrition Education Service**
Mama’s Kitchen established a Nutrition Education Service in 2014, with 36 classes taught to a total of 55 individuals. This service is open to all members of the HIV community in San Diego County. 75% of the participants were Mama’s Pantry clients.

**Mama’s Pantry Service**
5,768 Pantry Visits
827 Clients
109,383 meals

**Pantry Service:**
- Pantry Food Purchased: $108,007
- In-kind Pantry Food Donated: $29,176
- Total: $137,183
- Number of Pantry Visits: 5,768
- Average Cost per Pantry Visit: $23.78
- Average Annual Income for a Mama’s Pantry Client: $7,404

**Total Meals/Meal Equivalents provided in 2014**
- 355,527 Meals (home-delivered)
- 109,383 Meal Equivalents (Pantry)

**Home-Delivered Meal Services**

**AIDS Nutrition Program**
- 284,925 Meals
- 394 Clients

**Critical Illness Nutrition Program**
- 70,602 Meals
- 196 Clients

**Children’s Nutritional Health Program**
- 46,584 Meals*
- 106 Children*

**Cost of Home-Delivered Meal Services:**
- Hot Meal Food: $1,034,661
- Hot Meal Containers: $54,620
- Total: $1,089,281
- Average Cost of a Home-Delivered Meal: $3.06

*These 106 children and their meals are included in the totals for the AIDS Nutrition Program and the Critical Illness Nutrition Program, based on their or their parents’ diagnosis.

**Volunteer Time & Travel Valuation**
One hour of volunteer time is valued at $26.87*

*Source: 2014 data from The Independent Sector California

- 34,757 hours of service
  - @ $26.87 per hour equals $933,921
- Mileage estimated reimbursement rate: $.56/mile for business purposes
- 152,412 volunteer miles driven
  (an average of 977 miles driven each delivery day)
- Mileage in-kind contribution value: $85,351
- Total Valuation of volunteer contributions (service and mileage): $1,019,272
FINANCIAL STATEMENT

Statements of Activities
As of December 31, 2014
(with comparative totals for December 31, 2013)

Revenue, Gains, and Other Support

<table>
<thead>
<tr>
<th>Description</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>County of San Diego - Ryan White</td>
<td>$257,387</td>
<td>$274,536</td>
</tr>
<tr>
<td>County of San Diego - HOPWA</td>
<td>137,806</td>
<td>154,521</td>
</tr>
<tr>
<td>CDGB City of San Diego grant</td>
<td>56,044</td>
<td>46,090</td>
</tr>
<tr>
<td>Contributions</td>
<td>1,498,994</td>
<td>1,518,872</td>
</tr>
<tr>
<td>Capital projects, net of discount</td>
<td>142,654</td>
<td>520,874</td>
</tr>
<tr>
<td>Donations in-kind</td>
<td>148,516</td>
<td>238,537</td>
</tr>
<tr>
<td>Donated services and facilities</td>
<td>391,239</td>
<td>354,963</td>
</tr>
<tr>
<td>Special events, net of direct expenses*</td>
<td>20,030</td>
<td>13,161</td>
</tr>
<tr>
<td>Investment income</td>
<td>37,842</td>
<td>40,375</td>
</tr>
<tr>
<td>Net realized and unrealized gain on investments</td>
<td>62,119</td>
<td>104,569</td>
</tr>
<tr>
<td><strong>Total Revenues, Gains and Other Support</strong></td>
<td><strong>$2,752,631</strong></td>
<td><strong>$3,266,498</strong></td>
</tr>
</tbody>
</table>

Expenses and Losses

<table>
<thead>
<tr>
<th>Description</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services</td>
<td>2,416,140</td>
<td>2,358,286</td>
</tr>
<tr>
<td>Management and general</td>
<td>151,382</td>
<td>132,763</td>
</tr>
<tr>
<td>Fundraising</td>
<td>487,400</td>
<td>676,584</td>
</tr>
<tr>
<td><strong>Total Expenses and losses</strong></td>
<td><strong>$3,054,922</strong></td>
<td><strong>$3,167,633</strong></td>
</tr>
</tbody>
</table>

Change in Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in Net Assets</td>
<td>($302,291)</td>
<td>$98,865</td>
</tr>
</tbody>
</table>

* Direct expenses include all related expenses plus full value for all in-kind donations of goods and services, consistent with generally accepted accounting practices.

Statements of Financial Position
As of December 31, 2014 (with comparative totals for December 31, 2013)

Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$170,755</td>
<td>$277,069</td>
</tr>
<tr>
<td>Investments (including $396,771 pledged in 2013)</td>
<td>1,399,256</td>
<td>1,309,762</td>
</tr>
<tr>
<td>Accounts Receivable – net</td>
<td>94,685</td>
<td>96,926</td>
</tr>
<tr>
<td>Inventories</td>
<td>27,064</td>
<td>22,791</td>
</tr>
<tr>
<td>Prepaid expenses and other</td>
<td>23,738</td>
<td>27,031</td>
</tr>
<tr>
<td>Pledges receivable – net – current portion</td>
<td>69,813</td>
<td>62,976</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td><strong>$1,785,311</strong></td>
<td><strong>$1,796,555</strong></td>
</tr>
<tr>
<td>Property and equipment - net</td>
<td>2,213,492</td>
<td>2,350,856</td>
</tr>
<tr>
<td>Other Assets - net</td>
<td>59,858</td>
<td>134,763</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$4,058,661</strong></td>
<td><strong>$4,282,174</strong></td>
</tr>
</tbody>
</table>

Liabilities

<table>
<thead>
<tr>
<th>Description</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Line of credit</td>
<td>$619,899</td>
<td>$396,771</td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>84,123</td>
<td>160,466</td>
</tr>
<tr>
<td>Deferred revenue</td>
<td>74,896</td>
<td>16,000</td>
</tr>
<tr>
<td>Current portion of long-term debt</td>
<td>50,327</td>
<td>46,903</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$829,245</strong></td>
<td><strong>$620,140</strong></td>
</tr>
<tr>
<td>Long-term debt</td>
<td>851,751</td>
<td>922,078</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$1,690,996</strong></td>
<td><strong>$1,612,218</strong></td>
</tr>
</tbody>
</table>

Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>2,331,015</td>
<td>2,634,129</td>
</tr>
<tr>
<td>Permanently restricted</td>
<td>36,650</td>
<td>35,827</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>$2,367,665</strong></td>
<td><strong>$2,669,956</strong></td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$4,058,661</strong></td>
<td><strong>$4,282,174</strong></td>
</tr>
</tbody>
</table>
### 300+ HOURS OF SERVICE
- Ernest Andrade
- Maria Cordileone
- Tim Edwards
- John McCarthy
- Roger Negro
- Mary O’Brien
- Christine Tucker

### 200-299 HOURS OF SERVICE
- Blair Alexander
- Janet Bruner
- Lonnie Brunini
- David Camberg
- Community Covenant Church
- Jane Dostačik
- Dolores Flores
- Anthony Flores-Garcia
- Steven Frank
- Judith Kujawa
- Celia Melvin
- Patricia Pasquill
- Steven Voshell
- Scott Weldon

### 150-199 HOURS OF SERVICE
- Anita Apostol
- Sue Bakley
- Zack Barmack
- Paul Barnard
- Claudia Bender
- Stephanie Boyd
- Letitia Estes
- Jeffrey Fleming
- Joel Gerber
- Paul Grisham
- Janus Guada
- Rickie Hensley
- William Horan
- Nancy Janus
- Emily Kijanka
- Jan Kujawa
- Betty Lowe
- Ursula McGowan
- Federico Montes
- Barbara Oswald
- Joy Plummer
- Ina Price
- Andrew Rosenberg
- Robert Rosenberger
- Bruce Roth
- Carole Salazar
- Jonathan Schwarz
- Leah Tombleson
- Roger Werbeck
- Judy Wilson
- Kelly Wing

### 100-149 HOURS OF SERVICE
- Cynthia Bell
- Stephen Bell
- Kathy Borden
- Bert Bloom, deceased
- Rob Bridges
- Robert Burdge
- Robin Chiki
- Kenneth Cloutman
- Nan Coffin
- Kathleen Corcoran
- John Crepeau
- Kathryn De Sousa
- Cheryl Devlin
- Timothy Devlin
- John Drury
- Kelly Efler
- Laura Feldman
- Cora Flower
- Gary Flower
- Marjorie Ford
- Terri Lou French
- Mary Giovanelli Pentrack
- Rubin Grell
- Tracy Harkless
- Bobbi Harwood
- Kelley Hess
- Raymond Hively
- Michael Horn
- Ming Jeong
- Nui Jeong
- Matt Klimjack
- Letitia Kurtz
- Lynn Luneau
- Nancie McAuley
- Chris McMahon
- Michaela McNaught-Davis Hess
- Valerie McNaught-Davis Hess
- Sandy Mekuchonis
- Aenea Mickelsen
- Mawild Mohamud
- Robin Moss
- Pamela Mudd
- Barbara Perez
- Daniel Potter
- Leroy Pressley
- Cyril Reinicke
- Monica Reinicke
- Karen Schuldies
- Ken Scruggs
- Eva Shek
- Suzanne Stanford
- Satoe Turner
- Susan Ventillo-Friedman
- Jack White
- James Wong

### 50-99 HOURS OF SERVICE
- Meherat Addis
- Rodolfo Alaniz
- Linda Allen
- Dave Aposporos
- George Arthur
- Natasha Arthur
- Carol Ball
- John Ballnik
- Elayne Berman
- Karen Berson
- Rita Bierman
- Jadwiga Bliss
- Paul Bliss
- Doral Borgnis
- Bo Bortner
- Thomas Branick
- Michael Bratton
- Lisa Brickman
- Randy Brown
- Diane Campochiaro
- Patricia Castillo
- Louie Chavez
- Carol Clause
- Christopher Clayton
- Rachel Damm
- Sunny Datko
- Sunny Datko
- Jason DeFay
- Thomas DeFay
- Janet Dixon
- Kelcey Dumas
- Ron Duster
- Kellie Evans-O’Connor
- Ronald Fichter
- Gilbert Field
- Ann Fitzpatrick
- Karen Fox
- Rita Frazee
- Roger Frey
- Kirk Garrod
- Gil Gillen
- Marilee Gillen
- Angie Gish
- Rachel Grant
- Marsha Greene
- Maximino Hernandez
- Pamela Herskovitz
- Gary Hill
- Chris Hirsch
- Diane Holland
- Kaitlin Jarrod
- Serena Johnson
- Sue Johnson
- Duane Kendrick
- Julie Kiley
- Thomas Kwan
- Michelle Lanzarone
- Kay Larimer
- Scott Lawry

Thank you to our volunteers.
25-49 HOURS OF SERVICE
Jacob Adams
Victoria Albert
Jeff Alexander
Richard Allen
Irma Arce
Scott Archer
Lisa Arnold
Jen Arrowsmith
Steven Babe
Patricia Bello
Tamara Bremes
Timothy Brouillette
Gwen Brown
Mitchell Brustein
Pairote Buranakitpaiboon
Chris Cacioppo
Diana Capitoni Giambelli
Maximillian Carper
Raymond Chala
Victoria Clark
Ana Cordova
Candice Cortez
Neri Cristales
Kenny D’Angio
Simon Das
Denise DeCaprio
Denise Donovan
William Driscoll
Erika Faass
Natalie Federico
Karla Fernandes
Patricia Field
Eric Forbes
David Friedman
Larry Ganzel
Amelia Garza
Don Giaquinto
Donald Goff
Victor Gonzales
Peg Habetler
Jeanette Handelsman
David Hosaka
Patricia Hosaka
Paul Jacquemain
Mark James
Annette Jones
Scott Juneau
Nancy Kemp
Pamela Klein
Drew Kroft
Lynne Leach
Timothy Loomis
Adrian Lopez
Mark Luciano
Shelley Luciano
Luis Luna
Sara Lushinski
Richard Marcellus
Jose Martinez
Kathy Mateer
Austin Mignano
Jamie Mignano
Rachael Mills
Anjana Montjio
Eric Montjio
Ingrid Moore
Douglas Myking
Becky Normandin
Joyce O’Neill
Laura Ortiz
Amy Perez
Monica Perez
Marion Perlman
Sharon Poplawski
Sarah Potter-Smith
Robert Redfield
David Roellich
Luz Rosales
Devin Salazar
Todd Schilender
Portia Seautelle
Gwyneth Shoecraft
Saila Smith
Bradley Stech
London Stech
Savion Stech
Summer Stech
Dale Steele
David Stira
Stuart Strebgl
Donna Sucov
Prabhakar Thanikasalam
Nicole Whadford
Ellen Williamson
Darren Wong
Stephen Wu
Kealsie Yarberry

1-24 HOURS OF SERVICE
Patti Abramson
Armando Aguilar
Everardo Aguilar
Rebecca Aguilar
Antoinette Albert
Ann Andrews
Victoria Arce
Lisa Arnold
Kevin Atto
Maureen Atwell
Rayne Bachman
Gil Badilla
Kirsten Badre
Payam Baghal
Christopher Baker
Tamra Balardeta
Pamela Banks
Caryl Barmack
Makenna Barris
Stephanie Barton
Justine Bates
Brian Bazinet
Heather Beane
Holly Beane
Devoreo Bell
Cheynne Bentley
David Berger
Stacy Berman
Karen Berson
Alicia Bianchi
Dana Black
Trevor Black
Eileen Blanco
Johanna Blanco
Roy Bogshet
Monique Bolden
Patti Bonilla
Nika Bordbar
Alexandra Boyd
Andrew Boyd
Philip Bremer
Loren Brent
Michael Brierley
Peter Brooks
Nancy Browning
Ken Brucker
Liam Brucker-Casey
Erica Burbano
Michael Burlaza
Maria Burns
Melissa Burt-Gracik
Sophia Burt-Gracik
Betty Cabrera
Peggy Calhoun
Bruce Calkins
Peter Cameron
Tami Campbell
John Carey
Leila Carrillo
Rachelle Carvajal
Kathleen Casey
Kim Caterina
Todd Cazin
Julie Chabalko
Hector Chavez
Chris Chessman
Kelli Chessman
Valerie Christinat
Timmy Chu
Carlos Clark
Sherry Cohen-Richards
Michael Colter
Glen Conaway
Larry Cook
Scott Crowder
Sherrivy Cruz
Rodney Cyr
Mayra Davila
Troy Davis
Bernard Decena
Ed DeSantis
David Desrochers
Francisco Diaz
Natalie Dib
Karen Didden
Karen Ditslear
Elizabeth Dittmer
Art Donaldson
Ruaridh Donaldson
Danielle Dorrington
Dakotah Downes
Shannon Drosdak
Lourdes Duarte
Patricienne Dube
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Jo-El Hartman
Antoinette Hathorn
Rachel Henry
Barbara Herrington
Nancy Hillenbrand
Whitney Hinshaw
VOLUNTEERS

We truly appreciate everyone's gifts to Mama's Kitchen, and we value your important contributions. If we omitted, misspelled, or listed your name incorrectly, please accept our apology for this inadvertent error, and contact Bill Patten at (619) 233-6262 ext. 109 for corrections.
THANK YOU TO OUR MAJOR SUPPORTERS

$50,000+
Anonymous
County of San Diego
The MAC AIDS Fund

$25,000-$49,999
AIDS Walk San Diego
Broadway Cares/Equity Fights AIDS, Inc.
The City of San Diego
Frances Hamilton White
San Diego Affiliate of Susan G. Komen for the Cure
Nordstrom Inc.
Qualcomm Incorporated
San Diego Human Dignity Foundation
Sycuan Casino

$10,000-$24,999
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Dana & Brandon Black
Farrell Family Foundation
Roger Frey
The Hellman Family Foundation
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Las Patronas
Timothy F. Loomis* & Pamela Wong
Macy’s
Kenneth T. & Eileen L. Norris Foundation
Allison and Robert Price Family Foundation of the Jewish Community Foundation
Qualcomm Foundation
The Dr. Seuss Fund at the San Diego Foundation
Rod Strober
UPS Foundation
Wells Fargo Foundation
Walter J. and Betty C. Zable Foundation

$5,000-$9,999
AIDS Healthcare Foundation
Alliance Healthcare Foundation
Bumble Bee Foods
Gene Burkard
The Country Friends
The Daphne Seybolt Culpeper Memorial Foundation, Inc.
Cushman Foundation
Desert AIDS Project
The Fieldstone Foundation
The Bulova Gale Foundation
The Melvin Garb Foundation
GBH Foundation
The James Hervey Johnson Charitable Educational Trust
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Frank Hobbs
Issa Family Foundation
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The Bowden Family Foundation
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The Hay Foundation
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John M. and Sally B. Thornton Foundation
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United Way of San Diego County
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Richard D. Werbeck
Alice Jane Wylie

$1,000-$2,499
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Robert P. Adams
Blair Alexander
Greg Allen
Linda Allen & John McCarthy
AMS Paving
Roberto Ancira
Ernest & Barbara Andrade
Susan Baeza
Sue & Warren Bakley
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Bodhi Tree Concerts
Malcolm Bohn
Bourbon Street
Jane B. Boyd
Boys and Girls Foundation
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Chemaloy Company, Inc.
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Craft and Commerce
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Thomas D'Amico
Diving For Life
William & Kathy Dougherty
Karen Dow
Duane Morris, LLP Attorneys at Law
Lee Duran
Steven & Sharon Elggren
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Ronald H. Fucuals
Lawrence Gardepe
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Mr. George Hecht
Fawna Herrington
Bryan Holt
Jeremy & Cheri Hoolihan
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IBM Employee Services Center
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Mary Jeong
C. Diane Justice
Martin L. Katz
Ms. Jennifer A. Kearns*
Klees Family Charitable Fund
Terry E. Kovarik
Mr. Donald B LaShure, LCSW
Benjamin Lechman
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Courtney Liddy
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Religious Services Department Naval Base Coronado
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San Diego Half Marathon
Schenck Building Company, Inc.
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Soupansha Thephommy
The John M. & Sally B. Thornton Foundation Trust
Mr. Loren Vanderslik
Viejas Tribal Government
Mr. Novell Walker
Scott U. Walls
WD-40 Company
Jeffrey E. White
Lionel & Judy Wilson
Thomas J. Wood
Carl E. Wynn Foundation
Garrison Yunker
Ms. Susan Turner Zayas

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$100-$999
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Jill Abasto
Lee & Pamela Abbott
Markus Achord
Raymond Adair
Pamela Adam
Joan Adamo
Martin Adams, Jr. & Marlene A. Adams
Jill Adams
Ellen Adamson
Evan & Michell Adelson
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Jeff L. Robers
Jenny Wenny Cakes
Jerry Delair, Jr.
Jim Corrigan & Patrick Hanson
Joey Hernandez Photography
John Michaels Studio
John T. Hyatt
Jrdn at Tower23
Just Call Us
Kaiser Foundation Hospitals, San Diego
Kaiser Permanente Pulmonary Department
Katelyn Van Vu
Kay Chiaravalle
Keiller Leadership Academy
Kelvin at the -W San Diego
KIPP Adelante Preparatory Academy
Kona Coffee
KyXy - FM
La Jolla Beach & Tennis Club
La Jolla Playhouse
LAC Acupuncture Office
Lamb’s Players Theatre
Landmark Theaters
Left Coast Brewing Co.
Leticia A. Martinez Holistic Health and Beauty Therapy
Levi’s
Levi’s
Lexus of San Diego
Lloyd W. Cummings
Local Habit
Loews Coronado Bay Resort
Lotek Customs
Lusti Motors
MAC Cosmetics
Madeline English
Maderas Clubhouse Grille
Manchester Grand Hyatt
Manda Sayegh
Marc Mangiantini
Marcus Gilliland
Maria Bayless
Marilee Gillen
Marion D. Perlman
Marilee Gillen
Mark E. James & Carly and Josephine Rowe
Marquis at Hillcrest
Martinis Above Fourth
Mary Mcbride
MD7
Medical Intensive Care Unit - Sharp Memorial Hospital
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We truly appreciate everyone’s gifts to Mama’s Kitchen, and we value your important contributions. If we omitted, misspelled, or listed your name incorrectly, please accept our apology for this inadvertent error, and contact Aimee Halfpenny at (619) 233-6262 ext. 113 for corrections.

OUR MISSION

At Mama’s Kitchen we believe that everyone is entitled to the basic necessity of life — nutritious food. As a community-driven organization, we provide nutrition support to men, women, and children affected by AIDS or cancer who are vulnerable to hunger.

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