2021 was the first full year at our new facility on Home Avenue. It was our first full cycle of activities and affirms the promise of our new Home Avenue setting.

In 2012, we:
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• integrated perishable items in our pantry, such as chicken, beef, eggs, cheese, milk and butter; and
• increased the number of hot dinners we prepare in-house from three to five meals per week.

These activities are integral pieces of our vision of growth and improvement that have come to fruition. The continued evolution of Mama’s Kitchen is triggered by the evolving and growing nutritional needs of people affected by HIV/AIDS or cancer. And it can only be sustained by the time, talent and treasure that the San Diego community generously shares with Mama’s Kitchen. For that we are grateful.

The development and implementation of a nutrition education program is among the yet-to-be-realized pieces of our vision. We are looking to make this a reality in 2013, and invite you to stay the course with us as we continue crafting the pieces that will become Mama’s Kitchen in 2015, 2020, and 2025. The future of Mama’s Kitchen is ours to build.

Thank you to our volunteers.

Christelle Jones
Bob Kidd
Matt Klimjack
Letitia Kurtz
Scott Lawry
Betty Lowe
Ron Marcus
Christina Marselian
Nancie McAuley
John McCarthy
Michaela McNaught-Davis Hess
Valerie McNaught-Davis Hess
Celia Melvin
Aenea Mickelsen
Simthia Nanes
Tien Nguyen
Sheri Nicholas
Rob Norton
Joan O’Hara
Jennifer Olivares
Barbara Perez
Joy Plummer
La Vaughn Poston
Saxon Rawlings
Cyril Reinicke
Monica Reinicke
Nick Rivera
Marilyn Rommel
Andrew Rosenberg
Karen Schuldies
Debbie Shauger
Eleni Stevens
Patrick Tyser
Sandra Tyser
Brenda Vaughn
Paul Vick
Susan Vintilla-Friedman
Scott Walls
Jack White
Garrison Yunker

Pamela Acosta
Armando Aguilar
Linda Allen
Dave Aposporos
Gary Archer
Lisa Arnold
Jen Arrowsmith
George Arthur
Natasha Arthur
Patricia Avalos
John Ballink
Kathy Borden
Mark Bradshaw
William Bratton
Tamara Bremes
John Bunrasi
Bruce Calkins
Gilbert Cardenas
Raymond Chala
Pamela Ciborowski
Carol Clause
Amanda Coleman
Amanda Comfort
Jason DeFay
Thomas DeFay
David Desrochers
Cheryl Devlin
Timothy Devlin
Jane Domingo
David Downing
John Drury
Kellie Evans-O’Connor
Ann Fitzpatrick
Marjorie Ford
David Friedman
Marilee Gillen
Jesse Gonzales
Carol Goyne

Jeanette Handelsman
Carol Harris
Gary Hill
Julie Hollam
Lisa Jeong
Ming Jeong
Nui Jeong
Sue Johnson
Jan Kujawa
David Lamarr
Kay Larimer
Ron Lauer
Gregory Lommen
Myra Loustau
Lynn Luneau
Harold Magnus
Robert Markee
Ryan Martinez
Chris McMahon
Kira McNealy
Alane Milton
Ingrid Moore
Fernando Moreno
Roberta Moss
Sally Mowry
Pamela Mudd
Karina Muschinske
Stephen Nelson
Melissa Neumann
Joseph Nigo
Martha Obermeier
James O’Grady
Judith Paulson
Amy Perez
Anne Marie Pleska
Sharon Poplawski
Leroy Pressley
Sharon Reynolds
Jeff Roberts
Crystal Romer
George Rommel
Lucinda Rubio-Barrick
James Ruboyianes
Cheryl Sass, deceased
Rejean Savard
Kathleen Schow
Judy Schroeder
Ken Scruggs
Janice Standerfer
Michael Standerfer
Ryan Stansfield
Anton Sterzinger
John Strong
Donna Sucov
Richard Taubman
Bob Terris
The Institute for Effective Education
Desiree Thompson
Steven Venolia
Cheryl Weldon
Rosanne Wisenberg
Robertta Witte
Stephen Wu
Isaac Yoshimoto
Ed Zinkovich

25-49 hours of service:
Jeff Alexander
Krystle Alto
Barbara Andrade
Irma Arce
Kevin Atto
Brianna Avalos
John Bale
Charlonna Beach
John Bell
Elyane Berman
Rita Bierman
Marilyn Blaisdell
Bo Bortner
Marc Buchegger

500 or more hours of service:
Paul Barnard
Roger Negro

300-499 hours of service:
Ernest Andrade
Heather Bowden
Tim Edwards
Nancy Janus
Mary O’Brien

200-299 hours of service:
Blair Alexander
Janet Bruner
Lonnie Brunini
David Camberg
Community Covenant Church
Karen Ditslear
Jane Dostalik
Anthony Flores-Garcia
Rickie Hensley
Judith Kujawa
Christine Tucker
Scott Weldon
Roger Werbeck

150-199 hours of service:
Sue Bakley
Jerry Carota
Maxmillian Carper
Nan Coffin
Letitia Estes
Joel Gerber
Bobbi Harwood
Sandy Melkonchis
Robin Moss
Barbara Oswalt
Patricia Pasquill
Marion Perlman
Daniel Potter
Ina Price
Robert Rosenberger
Bruce Roth
Carole Salazar
Charlene Soriano
Suzanne Stadler
Kathy Taylor
Leah Tombrell
Judy Wilson

100-149 hours of service:
Victoria Albert
Cynthia Bell
Karen Bersoon
Jadwiga Bliss
Paul Bliss
Bert Bloom
Thomas Branick
Rob Bridges
Robert Burdge
Robin Chiki
Kenneth Cloutman
John Crepeau
Rachel Damm
Denise DeCaprio
Janet Dixon
Gilbert Field
Jeffrey Fleming
Karen Fox
Rita Frazee
Temliou French
Elizabeth Garcia
Linda Gentry-Von Der Ahe
Mary Giovianni Pentrack
Marsha Greene
Paul Grijalva
Debra Hershman
Kelley Hess
David Hosaka
Patricia Hosaka

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Alberto R. Cortés, Executive Director

Todd Gabello, 2012 President, Board of Directors
25-49 hours of service:

(Continued)

Justin Allred
Karla Alas
Jessica Aguirre
Allan Acevedo
1-24 hours of service:

James Wong
Felicia Wisner-Phillips
Sabrina Wilson
Margaret Wiedower
Weldon Webb
Margaret Wiedower
Anne Wilson
Sabrina Wilson
Felicia Wisner-Phillips
James Wong

1-24 hours of service:

Patti Abramson
Allan Acevedo
Jessica Aguirre
Karla Alas
Justin Allred
Dominick Andreacchio
Ann Andrews
Thomas Angioletti
John Anguiano
Irina Arce
Victoria Arce
Kenneth Alewrick
Brianne Atwell
Maureen Atwell
Courtney Baker
Carol Ball
David Bayer
Brian Bazinet
Marie Bell
Stephen Bell
Stacy Berman
Joy Bolding
Deborah Boyd
Joanne Braden
Leilani Bravo
Lisa Brickman
Michael Aleyleri
Peter Brooks
Dion Brown
Gwen Brown
Gwynne Bruck
Gwynne Bruck
Christina Brumme
Steven Bruner
Erica Burbano
Michelle Burkart
Vincent Butler
Robert Cain
Daniel Calvert
Oscar Camarillo
Jeanette Cardenas
Stephanie Carew
John Carey
Kelly Carlsile
Angela Carteron
Austin Carter
Rachelle Carvajal
Michelle Casper
Christina Castanedas
Isabella Castanedas
Anthony Castro
Christina Castro
Nick Catagenova
Eric Chanthathone
Sandra Chau
Hercule Chavez
Kelli Chessman
Deborah Chiao
Julia Christensen
Nancy Christie
Ben Clower
Brandon Cobb
Sherry Cohen-Richards
Scott Colvin
Breanna Cook
Clinton Cox
Mary Cory
Meghan Craig
Antionette Crawley
Gregory Crisel
Danielle Cruz
Lloyd Cummings
James Daniels
Jade Davis
Kevin Day
Barbara De la Penia
Bernard Decena
Mary DeFelice
Sonal Desai
Ed Denis
Mahdi Diab
Art Donaldson
Colleen Donohoe
Melissa Dowling
Marjorie Duckett
Tara Duke
Lisa Duong
Michaela Durant
Alyssa Ealley
Tracy Ebba
Chriselle Ebreo
Brian Edgar
Jessadith Edora
Angela Egner
Cheri Ellis
John Erickson
Joseph Esherick
Jess Espinoza
Alejandro Estrada
Spencer Evans
Meghan Fagundes
Halah Fakhoury
Alina Falquier
Patricia Field
Barry Finnegnan
Alexandra Flores
Pandora Flores
Kimberly Fonseca
Christopher Ford
John Ford
Laarni Francia
Faith Froeder
Todd Gabello
Elgin Gaites
Régine Galloway
Jenevieve Gan
Melissa Gang
Gregg Garner
Kathy Harritt
Romeo Gatmaitan
Dan Gaudette
Eileen Gaudente
Laurelle Gerdes
Richard Gilb
Kimberly Gillie
Emily Gilmore
Ernesto Gonzalez
Margaret Grasela
Shawn Green
John Guerrero
Lauree Gunn
Annette Gutierrez
Jennifer Gwekow
Kathryn Hahnlein
Sabrina Hahnlein
Martin Hall
Angela Hamilton
Jeffrey Hammond
Tom Hampton
Jeff Hanna
Steve Hardy
Jim Harrington
Jenny Harroz
Jeannette Harris
Terry Harrison
Gary Hastings
Suzanne Hawkins
Kathryn Heiner
Marianne Hendrickson
Jennifer Hernandez
Barbara Herrinton
Kimberly Herrmann
Robert Hester
Cheri Hoolihan
Tanya Howard
Darin Hunt
Kevin Hunter
Kai Hutchinson
Michael Hutchinson
Gabriella Ibarra
Kyle Icke
Sonja Ingrande
Sara Ingrande
Paul Jacquemien
Mark James
Stacey James
Melissa Jamma
Michael Jenkins
Judye Jingon
Lawrence Johnson
Janie Jones
Stevie Jones
Yolanda Jones
Robert Joseph
Randall Kahn
Lee Kaufman
Cynthia Khelf
Yung Kim
Marcy Knoles
Patrick Kruse
Dawn Kureshy
Lola LaVallie
Nhi Le
Christopher Lebron
Gene Lee
Hannah Lettington
Randy Lettington
Christina Librandi
April Llamas
Ann Luc
Michael Lynch
Kirsten Mackey
Nicole Mackey
Daniel Maldonado
Robert Maldonado
Jesus Manabat
Mario Marquez
Robert Martin
Sophie Martinez
Josh Mays
Daniel McCaslin
Danielle McCourt
Molly Molchlin
Daniel McGrath
Margo Mcnery
Diane McSweeney
Sabrina Melo
Rolig Mendoza
Maria Mercado
Grant Mckelzen
John Mills
Lauren Mills
Terri Modjallal
Vernice C. Monaco
Ariana Montij
Diego Montijo
Eric Montijo
Jenna Moore
Barbara Moreno
John Moreno
Karyn Moriel
Charles Morris
Andrea Mulder
Jaime Munoz
Naomi Munro-Davidson
Dang Nguyen
Thuba Nguyen
Karen Noble
Cordelia O
.Brandy Ogans
Ashley O’Neil
Joyce O’Neill
Fernando Ong
John Orellana
Ronnie Panyew
Alyssa Panyuw
Terell Patterson
John Peters
Christy Peterson
Kevin Pham
Nhan Pham
Linda Phouthavone
Conor Porter
Erica Porter
Juliet Preston
Tracy Quezada
Eleonora Ramsey
Beth Reed
Joan Rettinger
Chris Rizzuto
Anne-Marie Roach
James Roach
Merrilyn Robinson
Robert Rocchi
Jesus Rodriguez
Luis Rodriguez
Ann Romano
Melanie Rosemire
Alice Rosenbaum
Fran Roth
Janice Roudebush
Alexandria Rowden
Dona Rush
Kelli Rush
Cheryl Ryder
Elizabeth Ryder
Kristin Ryner
Alicia Saake
Mavette Sadile
Ideen Sadr
Chris Schell
Daniela Schonberger
Brian Schroeder
Shawn Sei
Shawn Seiler
Lena Shaputnic
Katy Sharp
Robert Sharp
Sylvia Shen
Kelly Sherlock
Jane Sia-Flaherty
Theresa Siega
Rob Silver
Sandy Silverman
Chelsea Siminon
Cindy Sinclair
Susan Skinner
Jack Slagle
William Slattery
Jeffrey Sloc
Glen Small
Art Smart
Beth Smith
Taylor Smith
Kevin Soloman
Nico Sole
Londyn Stech
Summer Stech
Anthony Stromile
David Sullivan
Clayton Summers
Jessica Swain
Zak Szmyczak
Raymond Tam
Brad Taylor
Ruben Taylor
Terielen Emerick
The UPS Store
Nick Thibault
Marina Thomas
Susan Thompson
Robert Voss
Catherine Torres
Crispen Torres
Ann Marie Towle-Mason
Cary Clark-Metz
Phaedra Triton
Desiree Valadez
Marilou Valentine Abbott
Marineke Vandervort
Rosalia Velez
Cindy Velazquez
Aven Vo
Christian Vo
Kaylinne Vo
Carol Wahlen
Norbert Walent
Marvin Washington
Brian Weathersbee
Eric Weber
Justin Weber
Mark Weston
Tony Whittle
Duane Wilson
Michael Wilson
Jared Wright
Stephen Wroblewski
Wy Ye
Tom Yount
Davis Zellmer
Megan Zellmer

We truly appreciate everyone’s gifts to Mama’s Kitchen, and we value your important contributions. For a complete list of volunteers, please view our annual report online at www.mamaskitchen.org. If we omitted, misspelled, or listed your name incorrectly, please accept our apology for this inadvertent error, and contact Bill Patten at (619) 233-6262 ext. 109 for corrections.
Home-Delivered Hot Meal Service

1. AIDS Nutrition Program
   Provides 100% nutrition for San Diego County residents living with HIV/AIDS who are mentally and/or physically unable to prepare meals.
   - 299,826 meals
   - 436 clients

2. Critical Illness Nutrition Program
   Provides 100% nutrition for San Diego County residents under the age of 60 and battling cancer who are mentally and/or physically unable to prepare meals.
   - 78,054 meals
   - 191 clients

3. Children’s Nutritional Health Program
   Provides 100% nutrition for the dependent children of our Home-Delivered Hot Meal Service clients.
   - 50,181 meals*
   - 97 children*

*These 97 children and their meals are included in the totals for the AIDS Nutrition Program and the Critical Illness Nutrition Program, based on their or their parents’ diagnosis.

Pantry Service

Mama’s Pantry
A monthly shopping opportunity for people living with HIV/AIDS whose income is less than $1,400 per month.
- 5,390 Pantry visits
- 774 clients
- 102,410 meal equivalents

Average Cost of a Meal

Home Delivered Hot Meal Service:
- Hot Meal Food: $1,078,337
- Hot Meal Containers: $51,959
- Total: $1,130,296
- Number of meals: 377,880
- Average Cost per Home Delivered Meal: $2.99

Pantry Service:
- Pantry Food Purchased: $125,846
- In-kind Pantry Food Donated: $35,267
- Total: $161,113
- Number of Meal Equivalents: 102,410
- Average Cost per Pantry Meal: $1.57

Total Meals/Meal Equivalents provided in 2012
- 377,880 meals (home-delivered)
- 102,410 meal equivalents (Pantry)

Mama’s Kitchen Hot Meal Delivery by Area

<table>
<thead>
<tr>
<th>County Region</th>
<th>Meals</th>
<th>%Meals</th>
<th>Clients</th>
<th>%Clients</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central</td>
<td>183,676</td>
<td>49%</td>
<td>324</td>
<td>52%</td>
</tr>
<tr>
<td>East</td>
<td>46,652</td>
<td>12%</td>
<td>70</td>
<td>11%</td>
</tr>
<tr>
<td>North</td>
<td>53,249</td>
<td>14%</td>
<td>85</td>
<td>14%</td>
</tr>
<tr>
<td>South Bay</td>
<td>36,930</td>
<td>10%</td>
<td>64</td>
<td>10%</td>
</tr>
<tr>
<td>Southeast</td>
<td>57,373</td>
<td>15%</td>
<td>84</td>
<td>13%</td>
</tr>
<tr>
<td>Totals</td>
<td>377,880</td>
<td>100%</td>
<td>627</td>
<td>100%</td>
</tr>
</tbody>
</table>
Statements of Activities
As of December 31, 2012
(with comparative totals for December 31, 2011)

REVENUE, GAINS, AND OTHER SUPPORT

<table>
<thead>
<tr>
<th>Source</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>County of San Diego – Ryan White</td>
<td>$258,108</td>
<td>$286,327</td>
</tr>
<tr>
<td>County of San Diego – HOPWA</td>
<td>180,129</td>
<td>118,845</td>
</tr>
<tr>
<td>CDBG city grant</td>
<td>53,140</td>
<td>—</td>
</tr>
<tr>
<td>Contributions</td>
<td>1,282,168</td>
<td>1,128,018</td>
</tr>
<tr>
<td>Contributions - special events</td>
<td>336,657</td>
<td>337,539</td>
</tr>
<tr>
<td>Capital projects, net of discount</td>
<td>387,386</td>
<td>569,669</td>
</tr>
<tr>
<td>Donations in-kind</td>
<td>374,826</td>
<td>220,756</td>
</tr>
<tr>
<td>Donated services and facilities</td>
<td>332,529</td>
<td>363,176</td>
</tr>
<tr>
<td>Special events, net of direct expenses*</td>
<td>8,938</td>
<td>4,833</td>
</tr>
<tr>
<td>Investment income</td>
<td>46,749</td>
<td>44,116</td>
</tr>
<tr>
<td>Net realized and unrealized gain on investments</td>
<td>90,456</td>
<td>—</td>
</tr>
<tr>
<td><strong>TOTAL REVENUES, GAINS and OTHER SUPPORT</strong></td>
<td>$3,351,086</td>
<td>$3,075,401</td>
</tr>
</tbody>
</table>

EXPENSES AND LOSSES

<table>
<thead>
<tr>
<th>Category</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services</td>
<td>2,318,700</td>
<td>2,028,234</td>
</tr>
<tr>
<td>Management and general</td>
<td>109,225</td>
<td>138,157</td>
</tr>
<tr>
<td>Fundraising</td>
<td>874,346</td>
<td>749,029</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td>$3,302,271</td>
<td>$2,915,420</td>
</tr>
<tr>
<td>Net loss on disposition of assets</td>
<td>—</td>
<td>-4,965</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES AND LOSSES</strong></td>
<td>$3,302,271</td>
<td>$2,920,385</td>
</tr>
</tbody>
</table>

CHANGE IN NET ASSETS

<table>
<thead>
<tr>
<th>Source</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>2,536,063</td>
<td>2,488,452</td>
</tr>
<tr>
<td>Permanently restricted</td>
<td>35,028</td>
<td>33,824</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td>$2,571,091</td>
<td>$2,522,276</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$4,535,584</td>
<td>$4,479,890</td>
</tr>
</tbody>
</table>

Volunteer Time & Travel Valuation

One hour of volunteer time is valued at $24.75 in 2011*
Volunteer in-kind contribution value: $836,711
Mileage value calculation rate: $.55/ mile for business purposes

132,194 volunteer miles driven in 2012 (an average of 847 miles driven each delivery day)

Statements of Financial Position
As of December 31, 2012 (with comparative totals for December 31, 2011)

ASSETS

<table>
<thead>
<tr>
<th>Source</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$388,976</td>
<td>$319,940</td>
</tr>
<tr>
<td>Investments</td>
<td>849,093</td>
<td>715,299</td>
</tr>
<tr>
<td>Investments - pledged</td>
<td>450,760</td>
<td>500,825</td>
</tr>
<tr>
<td>Prepaid expenses and deposits</td>
<td>22,065</td>
<td>20,381</td>
</tr>
<tr>
<td>Grants, contracts, &amp; misc. receivables - net</td>
<td>54,801</td>
<td>79,849</td>
</tr>
<tr>
<td>Inventory</td>
<td>13,958</td>
<td>17,106</td>
</tr>
<tr>
<td>Pledges receivable - net</td>
<td>268,407</td>
<td>225,497</td>
</tr>
<tr>
<td>Office &amp; computer equipment</td>
<td>168,421</td>
<td>146,127</td>
</tr>
<tr>
<td>Kitchen equipment</td>
<td>245,044</td>
<td>239,007</td>
</tr>
<tr>
<td>Vehicles</td>
<td>23,858</td>
<td>23,858</td>
</tr>
<tr>
<td>Land</td>
<td>176,700</td>
<td>176,700</td>
</tr>
<tr>
<td>Building &amp; building improvements</td>
<td>2,189,587</td>
<td>2,188,314</td>
</tr>
<tr>
<td>Less: accumulated depreciation</td>
<td>-331,135</td>
<td>-191,645</td>
</tr>
<tr>
<td>Intangible assets</td>
<td>37,291</td>
<td>37,291</td>
</tr>
<tr>
<td>Less: accumulated amortization</td>
<td>-22,242</td>
<td>-18,659</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$4,535,584</td>
<td>$4,479,890</td>
</tr>
</tbody>
</table>

LIABILITIES

<table>
<thead>
<tr>
<th>Source</th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable</td>
<td>$86,016</td>
<td>$6,923</td>
</tr>
<tr>
<td>Line of credit</td>
<td>450,760</td>
<td>500,874</td>
</tr>
<tr>
<td>Accrued payroll liabilities</td>
<td>27,898</td>
<td>29,066</td>
</tr>
<tr>
<td>Deferred revenue</td>
<td>30,000</td>
<td>20,000</td>
</tr>
<tr>
<td>Accrued vacation payable</td>
<td>46,833</td>
<td>56,751</td>
</tr>
<tr>
<td>Mortgage Payable</td>
<td>1,322,986</td>
<td>1,344,000</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td>$1,964,493</td>
<td>$1,957,614</td>
</tr>
</tbody>
</table>

NET ASSETS

<table>
<thead>
<tr>
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<th>2011</th>
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</tr>
<tr>
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<td>$2,571,091</td>
<td>$2,522,276</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES AND NET ASSETS</strong></td>
<td>$4,535,584</td>
<td>$4,479,890</td>
</tr>
</tbody>
</table>

* Direct expenses include all related expenses plus full value for all in-kind donations of goods and services, consistent with generally accepted accounting practices.
THANK YOU TO OUR GENEROUS DONORS

$50,000 & Above
Anonymous
County of San Diego
San Diego Affiliate of Susan G. Komen for the Cure
MAC/AIDS Fund
Nordstrom Inc.
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* Source: The Independent Sector California, 2011 data is the most current available.
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At Mama’s Kitchen we believe that every person is entitled to the basic necessity of life, nutritious food. As a volunteer-driven, nonprofit organization, we prepare and deliver food to men, women and children who are affected by AIDS or cancer.

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