This report covers the period from July 1, 2017 to June 30, 2018. It's been 12 months of changes...evolution. And one of the most fundamental and transforming changes is informed by the Food is Medicine paradigm.

In May, 2017, the board of directors expanded our mission to serve people with other critical illnesses, while affirming our continued commitment to the nutritional needs of people with HIV or cancer.

In April, 2018, Mama’s Kitchen started participating in a state-wide pilot project to provide medically-tailored meals to Medi-Cal recipients living with congestive heart failure. The goal of this pilot is to demonstrate to the state of California that medically appropriate nutrition can improve health and reduce healthcare costs.

With the permanent elimination of any age cap for people with cancer, Mama’s Kitchen started providing services to people with cancer over the age of 65. By June, 2018 we had added 34 clients with cancer (a 20% increase).

During this period Mama’s Kitchen shifted its efforts to prepare more meals from scratch. As a result menus were dramatically improved by our executive chef, Jason Martin, and our registered dietitian, Stephanie Boyd.

Overall, many hundreds of San Diego residents living with the challenges of HIV, cancer, and congestive heart failure were nutritionally supported with over 319,000 meals; some 5,346 pantry visits for our clients with HIV; and hundreds of hours of nutritional assessments, counseling, and education.

Your support of our fundraising efforts, including Mama’s Day and our Mama’s Pies Sale, was critical in the provision of nutritious food and education to over 1,300 San Diego county residents living with critical illnesses and vulnerable to malnutrition.

As important was your volunteer engagement: cooking and packaging fresh, healthy, medically tailored meals, driving tens of thousands of miles throughout the county to deliver these meals, staffing Mama’s Pantry, volunteering at our fundraising events, staffing our front desk, and supporting other critical areas of operation.

Your involvement with Mama’s Kitchen makes you, more than ever, an agent for healing our community through nutrition. Nutrition that is medically appropriate, fresh and flavorful, and a profound statement of love for and commitment to our San Diego County community.

As we continue our journey of improving our services, increasing access to our programs, and identifying additional resources to support our growth and evolution, our board of directors, the staff, and the San Diegans who count on our services, we thank you and invite you on our continued journey of transformation for greater community impact.

With gratitude,

Michael Horn
Board President, 2017-18

Alberto R. Cortés
Executive Director
SERVICES PROVIDED

CLIENTS
1,310
Total Clients
(across Home Delivery, Pantry Service and Medical Nutrition Therapy)

HOME DELIVERED MEAL PROGRAM
provides three meals a day, 7 days a week and offers 19 different meal plans to accommodate dietary restrictions and preferences.

NUMBER OF MEALS
236,175
HIV Nutrition Program
82,794
Cancer Nutrition Program
37,101
Children’s Health Program
96
Congestive Heart Failure
319,482
Total Meals
*Children’s meals are also included in the totals for the HIV Nutrition Program and the Cancer Nutrition Program, based on their or their parents’ diagnosis.

PANTRY SERVICE
offers monthly access to low-income, HIV+ individuals, to choose produce, refrigerated goods, and canned items to best meet their health needs.

628
Pantry Clients
5,346
Pantry Visits
112,266
Pantry Meal Equivalents

EMERGENCY FOOD
provides up to 12 weekly grocery bags in a 12-month period each containing perishable and nonperishable food items to low-income, HIV+ and emergent crisis clients.

561
Emergency Food Assistance Program
Bags Distributed

MEDICAL NUTRITION THERAPY
partners our clients with our dietitian to ensure that they are receiving exactly what they need nutritionally and to assist them on their road to recovery.

175
Medical Nutrition Therapy Clients

VOLUNTEERS
923
Volunteers
30,917
Donated Hours
$899,346
Value of Donated Hours
(Volunteer Time Valuation = $29.09 per hour)
Source 2017 data The Independent Sector California

TRAVEL VALUATION

147,840
Volunteer Miles Driven
$80,572
Volunteer Miles Value
(Mileage Reimbursement Rate = $0.545)
Source IRS business rate

$979,919
Total Value of Volunteer Contributions

HOT MEAL DELIVERY BY AREA

% of Clients
North County
13%
Central
48%
East County
13%
South Bay
15%
Southeast
11%
STATEMENT OF ACTIVITIES
For the period of July 1, 2017 - June 30, 2018
(with comparative totals for the period of July 1, 2016 - June 30, 2017)

Revenue, Gains, and Other Support 2018 2017
County of San Diego - Ryan White $476,810 $467,468
County of San Diego - HOPWA 160,683 155,348
CDGB City of San Diego grant 89,812 75,000
Contributions 1,641,650 1,772,409
Capital projects, net of discount 6,850 9,400
Donations in-kind 93,481 211,247
Donated services and facilities 384,301 382,376
Special Events, net of direct expenses (26,071) 6,741
Gain on sale of assets — 5,000
Social enterprise 448 92,860
Investment income 40,443 37,699
Net realized and unrealized gain on investments 88,313 97,359
Total Revenues, Gains and Other Support $2,956,720 $3,292,907

Expenses and Losses
Program services $2,237,069 $2,086,221
Social enterprise — 75,620
Management and general 149,216 161,006
Fundraising 475,719 594,678
Total Expenses and losses $2,862,004 $2,917,525

Change in Net Assets $94,716 $375,382

STATEMENT OF FINANCIAL POSITION
As of June 30, 2018 (with comparative totals for June 30, 2017)

Assets 2018 2017
Cash and cash equivalents $143,722 $217,474
Investments 1,680,718 1,612,618
Accounts Receivable – net 140,203 245,720
Inventories 31,129 40,429
Prepaid expenses and other 44,675 39,438
Pledges receivable – net – current portion 13,000 20,023
Total Current Assets $2,053,447 $2,175,702
Property and equipment – net 1,813,075 1,942,729
Other Assets – net 5,805 28,262
Total Assets $3,872,327 $4,146,693

Liabilities 2018 2017
Line of credit $454,260 $499,260
Accounts payable and accrued expenses 108,189 104,825
Current portion of long-term debt 61,253 57,906
Total Liabilities $623,702 $661,991
Long-term debt 206,255 537,048
Total Liabilities $829,957 $1,199,039

Net Assets
Unrestricted 2,958,166 2,789,635
Temporarily restricted 44,613 120,732
Permanently restricted 39,591 37,287
Total Net Assets $3,042,370 $2,947,654

Total Liabilities and Net Assets $3,872,327 $4,146,693
As a community-driven organization, our work is made possible by donations of all sizes. The following individuals and institutions contributed cumulative gifts of $100 or greater during Fiscal Year End 2018 (July 1, 2017 - June 30, 2018). If we omitted, misspelled, or listed your name incorrectly, please accept our apology and inform us of our error by calling (619) 233-6262 x112.

**$100,000 & Above**
- County of San Diego
- Kenneth R. Spotts Trust

**$50,000 - $99,999**
- City of San Diego
- Walter Henn

**$25,000 - $49,999**
- Anonymous
  - Broadway Cares/Equity Fights AIDS, Inc.
  - The MAC AIDS Fund
- Nordstrom Inc.
- The Bulova Gale Foundation
- The Johnnie Walker Charitable Foundation
- The Merck Foundation
- The Neem Foundation
- Jerry Nett Trust
- Lawrence Katz
  - Robert Rossetti & Russ Thompson
- Timothy Rouker & Robert Budge
- Richard Sager
  - San Diego Firefighters Local 145
  - Sempra Energy Giving Network
  - SDG&E; A Sempra Energy Utility
  - Southland Envelope Company
- Stater Bros. Charities
- Tracy Ann Press & Christopher Press

**$10,000 - $24,999**
- Anonymous
- Ben Berman Impact Fund
- Heather Bowden
- Benevity Community Impact Fund
- John Andrus
- Robert Rocchi & Russ Thompson
- Lawrence Katz
  - Robert Rossetti & Russ Thompson
- Timothy Rouker & Robert Budge
- Richard Sager
  - San Diego Firefighters Local 145
  - Sempra Energy Giving Network
  - SDG&E; A Sempra Energy Utility
  - Southland Envelope Company
- Stater Bros. Charities
- Tracy Ann Press & Christopher Press

**$5,000 - $9,999**
- Anonymous
- Thomas & Mary Ann Bennett
- The Rob Berson Foundation
- Boys & Girls Foundation
- Chris Caicoppo
- The Country Friends
- County Employees Charitable Organization
- Carl E. Crider & Carol L. Clause
- Brian Curcio & Thomas Kwan
- Cushman Foundation
- The Daphne Seyboit Culppeper Memorial Foundation, Inc.
- Joel & Judi Rae Gerber
- Aurash Gomroki
- The Gray White Family Fund
- Frances Hamilton White
- Donor Advised Fund at the Rancho Santa Fe Foundation
- Nancy Janus
- The James Hervey Johnson Charitable Educational Trust
- Gilbert J. Martin Foundation
- Maurice J. Masserini Trust
- Nordson Corporation Foundation
- Pepsi Bottling Group – San Diego County
- Bryan Poffenberger
- Donna Marie Robinson & Cynthia Kellogg
- Allison Rossett
- The San Diego Foundation
- San Diego Human Dignity Foundation
- The San Diego LGBT Community Center
- The Swirnorton Foundation
- The Elizabeth Taylor AIDS Foundation
- The Matthew Turk Charitable Foundation
- Watkins Manufacturing
  - The Stein Family Foundation
- Paula A. Tallal
- The Dorothea Tuney Foundation
- UBS Financial Services Inc.
- Benjamin H. Walker
- Gary Weitzman
- Richard D. Werbeck
- Alice Jane Wylie

**$1,000 - $2,499**
- Jill Astabot
- ACT of HD Supply
- Robert P. Adams
- Samantha Aguinaldo
- Ernie & Barbara Andrade
- Anonymous
- Kevin S. Atto
- Sue & Warren Bakley
- Bar Pink
- Ken & Elva Barovsky
- Steve Bjorg
- Black Family Fund
- Kent A. Blade, M.D.
- Dr. C. Jean Blaser
- Ward Bowman
- Edward & Maria Brekke
- Randall L. Brownwood
- Matthew Buck
- Stacy Capaldi
- Amanda Cass
- Douglas Clarke
- Thomas Collazo
- Community Service Association, San Diego Unified Schools
- Faith Conklin
- Alberto R. Cortés
- Celeste Cowell
- Edward Cramm
- Jose Da Rosa
- John Deskovitz
- William & Karen Dow
- Duane Morris, LLP Attorneys at Law
- Eclipse Chocolate Bar & Bistro
- Steven & Sharon Eggren
- The Phyllis Epstein Non-Endowment Fund at The San Diego Foundation
- Kellie Evans-O’Connor
- Jerry Ferguson
- Ronald G. Fichter & Lee Oum
- Kathy Fields
- Nicholas Fox
- Kimberly Fritz
- Arthur J. Gallagher Foundation
- Larry Ganozzi
- Lawrence Gardej
- Greg G. Garner & Eddie Or
- Sheri Gates
- The Gay and Lesbian Fund for San Diego at The San Diego Foundation
- Robert Geissler & Robert Berey
- Give With Liberty
- Brian Glover
- Donald Guff & Chris Sheenan
- Jay & Karri Goldschmidt
- Michelle Graham
- Greater Good Realty
- Michael Growe
- Dora Guillen
- Cynthia Haney
- Stanley C. Harazim & Edward S. Hand
- Alaina Harris
- Robert G. Haskell
- George Hecht
- Hewlett-Packard Company Foundation
- Lynda A. Higgs
- Charles Hill
- Honeywell International Corporation
- Intuit Foundation
- Stacey E. James
- Mary Jeong & Chris Lena
- Jennifer A. Kears
- Evelyn Kees
- Somyon & Kristina Kruglyak
  - G. Douglas & Keryn J. Leger
- Stephen H. & Mary E. Lewis
- Liberty Mutual Insurance Group
- Fred Marasso
- Karleen T. Marienthal
- Martin & Joanne Marugg
- Kevin McCarty
- McT Real Estate Group
- Merck Partnership for Giving
- Moneytree, Inc.
- Richard & Linda Moore
- Trish Mylet
- Amy Nisen
- Rich Ogden
- Nicole Ortiz
- Pala Casino Spa & Resort
- Donald & Patricia Paradise
- Patricia G. Passiull
- Paul H. Portillo & Tony J. Sterzinger
- Lorraine Pritchett
- John Prosen & Tim Chisser
- Qualcomm Incorporated
- Mika Read
- Lynn David Reeves
- Julie Richardson
- Dave Ricks
- Jamie L. Ritchie
- David P. Rogers
- Peter C. & Mary A. Roussos
- Josephine Rowe
- H.B. Sandman Foundation
- Mary Sandoval
- The Bob & Linda Santel Fund of the Jewish Community Foundation
- Schenck Building Company, Inc.
- Dr. Stuart E. Schwartz
- Sempra Energy Foundation
- Leslie Shepard & Coleman Alquire
- Michael Sliu
- Smart & Final Charitable Foundation
- St. Luke Roman Catholic Church
- Tom Stafslien
- The Stein Family Foundation

**$50,000 & Above**
- Ferdinand Knecht
  - TASC Combined Federal Campaign
- TD Ameritrade Clearing
- Mary T. Toogard
- William D. Tench, M.D.
- Tiger’s Pictorionary
- United Way of San Diego County
- Walter Urbach
- Peri & Peg Urvik
- Pierreette Van Cleve & Gigi Cantin
- Maggie Vidal
- Tom & Mary Waldron
- Nowell Walker
- Kristen Waldall
- Ann M. Warren
- Roger S. Werbeck & Brian D. Weatherbee
- Ken Willner
- Margaret Willoughby
  - Lionel & Judy Wilson
  - Kelly & Marc Wing
- Carl E. Wynn Foundation
- Adam C. Zweig, M.D.
  - or Demetrious de la Cruz

**$100 - $999**
- Francine A. Aymes
- Karen Adam
- Vito & Lisa Adamo
- Jill Adams
- Shawna Adams
- Evan & Michell Adelson
- Mariton & Susan Agonia
- Benjamin Aguilar
- Lynn Aguilar
- Lawrence Aguilar
- Brendan Ahern
- Susana Ahern
- Diane Ainsworth
- Diane Aker
- John E. Alexander
- Frances Allen
- Greg Allen
- Keith Allen
- Patrick Allen
- Peter Allen & Marlon Garcia
- Gary Allmon
- AmazonSmile
- American Claims Management, Inc.
- Joan Ames
- Amgen Foundation Staff Giving Programs
- Nancy Amick
- Maria Anaya-Bayless
- Roberto Ancira
- Crystal & Jeff Anderson
- Paul Anderson
- John Andrus
- Michael Anger
- Matthew Anker
- Anonymous
- Katherine Anschtuez
- Gilbert & Karen Armour
- Rosemary Armour
Thank you to our generous donors:

- Paul Asbury
- Douglas Ashbrook
- AT&T
- Susan Atkins
- Senator Toni G. Atkins
- Debbie Au
- Anthony Audette
- Ron Autry
- Jenny Axford
- Janet Backer
- John & Elizabeth Bagby
- Monica L. Bahr
- Lee R. Bailey
- Carole Baker
- Christopher M. Baker
- Joseph Baker
- Jennifer Baldaux
- Phillip Baldwin
- Bank of America Employee Giving Campaign
- Don Barach
- Wayne Bardwell, Ph.D.
- Steven Gennaro
- Barbara Barefield
- Paul Barnard
- Judith E. Barnes
- Nigel & Nancy Barnes
- John Barnier
- William Banier
- Larry J. Barrick & Lucinda J. Rubio-Barrick
- Newell Bartlett
- Darrell Basham
- Hugh Bates
- Lee & Tony Bates
- The Bayfield Foundation, Inc.
- Brian Beagle
- Donald Bean
- James S. Beaver
- Allison Bechill
- Thomas Beckman
- Bradford Beidler
- Thomas P. Beier
- Anthea Beletsis
- Richard Bellars
- Patricia A. Bello
- Guillermo Belt
- William Belushi
- Claudia C. Bender
- Alice & Richard Benker
- Richard & Lucia Benson
- Dr. Anjali Sarkar & Madan Bera
- Mary Adrienne Berend
- Shelley Berger
- Bergman, Walls and Associates
- Jeffrey & Laurie Berman
- Cary Berner
- Kristina Berry
- Michael Berthelot
- Giovanni & Carolyn Bertusse
- Eric & Kathleen Bescoby
- Jim & Pam Beverett
- Lynn H. Beyerle
- Steve Benzik
- Andy Biancardi
- Jerome & Rita Bierman
- Elizabeth T. Bilby
- Mary Binderman
- Charles & Charlotte Bird
- Robert & Charla Bird
- Bird Rock Yoga
- Dana & Brandon Black
- Kimberly Blake
- Betsy A. Blakely
- Mark Blankenship
- Diana Blanks
- Wickliffe & John Blasi
- Jim Blevins
- The Block Family Trust
- Catherine & Wade Blomgren
- Deborah Bodinger
- Lisa Bolger
- James W. Bolwerk
- Joseph A. Bonanno
- Milus S. & Sylvia B. Bonker
- Joann E. Boone
- Kisha Borden
- Gerald M. Bordin, M.D.
- Sheila W. Bordin
- Robert & Denise Borntreger
- David & Ginger Boss
- Jane Bossart
- William J. & Geneva E. Box
- J. Pat Boyce
- Stephanie & Christopher Boyd
- Mark Bozzone
- Peggy Joan Bradshaw
- Steven Bradshaw
- Dieter W. Brand & Jerome Phalen
- William & Eve Branniff
- Marilyn Brayman
- August Brehm
- Mary Ellen Bresciani
- Joan Brice
- Lisa Brickman
- Lynne Bride
- Rob Bridges
- Michael Brierley
- LaVerne & Blaine Briggs
-地方
- Gerald D. Brody
- Leo Brogan
- Peter & Irene Brooks
- Jennifer Brooks
- Duane Brown & Lyndon Little
- G. Matthew Brown
- Kimberly Brown
- Leah J. Brown
- Marilyn M. Brown
- Valerie M. Brown
- Joan M. Brunelli DeVries
- Bob Babushka
- The Budy Trust
- John A. Buell, Jr.
- Buffalo Exchange
- Andrew & Sally Buffalo
- Richard Burbine
- Michelle Burkart
- Richard Burkett
- Kathleen V. Burns
- M. C. Burris & Thelery Gauvin
- Margaret G. Busch
- Chris Bushard
- Business Boosters
- Joyce Buxbaum
- CA Inc Matching Gifts Program
- Mary Ann Calhoun & Scott Francis
- John Callaghan
- Jeffrey Callahan
- JoAnne Campbell
- John Campbell
- Judy Campbell
- Marlene L. Campbell
- Stephen Campion
- Janell Cannon
- Judith Cannon
- Toni Caragozian
- CareFusion FDP
- Heather Carlton
- David P. Carosella, Jr.
- Karin Carniveau
- Candace Carroll & Leonard Simon
- Elizabeth Carwright
- Guido J. Casari, Jr.
- Jeffrey S. Cashman & Howard Halbert
- Carla Castille
- Penny Castleman
- Charlotte Catafalo
- Stephanie Catubiga
- Kevin Cavagnoli
- Frank Cavignac
- Todd Cavazza
- Rochelle R. Celaya
- Kathleen Certain
- Ash Chabra
- Ray Chala
- Ron & Robin Chamberlain
- Dr. Henry G. Chambers & Jill Chambers
- Antonia Chan
- Beatrice D. Chance
- Linda M. Chaney
- Charles L. Chater & Patricia Flores-Charter
- Laurie Chassin
- Cheers
- Theodore L. & Sumie Y. Childers
- Edward Chisholm
- Josh Cho
- James Cho
- Connie Chovan
- Janelen Christensen
- Steven Christiansen
- Nancy C. Christie
- Christine Christiansen
- Richard Christiansen
- William Chute
- Carla Ciavarino
- City of San Diego Employee
- Share Program
- Richard Clappett & Rachel Hurst
- Sara Ciancy
- Christina Clapperton
- Andy Clark
- David & Patricia Clark
- Kay Clark
- Robert Clark
- Natasha Clarke
- Teri Clavelo
- Janelle Clay
- Teresa Clemens
- Lance Clements & Richard Hadfield
- Anne M. Cleary
- Elaine F. Clione
- Carla Cocco
- Philip Cochran
- G. D. & Ruth Ann Cookburn
- Karen Smythe Cocomelli
- Richard M. Codiga
- Jane Coffelt
- Harriet Cohen
- Mark Cohen
- Suzanne E. Cohen
- Sharon Coleman
- James Coloma
- Ulrike Colombo-Fink
- Stephanie J. Colter
- The Comedy Palace
- Lenny Comma
- Commonwealth Cares Fund Inc.
- Compass Group USA Division
- Terry Conboy
- Craig Connolly
- Edna Connolly
- Melissa Corrigan
- Linda Cory & John E. McCarthy
- Costco Wholesale
- Patrick Coughlin
- Kathleen Coulby
- Sydney & Larry Cousins
- Jacey Coy
- Mary Anne Coyle
- Alvida A. Craft
- Margaret Crary
- John Crepeau
- Jeff Crook
- Andrew Cross
- Mary Crossley
- Peter Lloyd Crothy
- Dr. Laura Crotty-Alexander
- Greg & Janet Crow
- Michael & Rebecca Crowley
- Richard E. Crumrine
- JoAnn P. Cuddy
- Ronald D. Culbertson
- Diane Cullinan
- Starr Culver
- Ellen Curen
- Robert Cursin
- D.W.C Investments, Inc.
- Daniel & Karen Dalton
- Thomas J. D’Amico
- James J. Damon
- Shelby Daniel
- Dankberg Family Foundation
- Tara Dankberg
- Chuck & Nan D’Anna
- Kenneth D’Argo
- Denise David
- Lanette Davidson
- Robert Davidson
- Anne Davis
- Gail Davis
- Kim Davis
- Linda Davis & Joel Sigel
- Marsha Davis
- The Davis Family Trust Fund of the Jewish Community Foundation
- DeLona Davis-Jones
- DaVita
- Timothy J. Day
- Jorge de la Parra
- Mauricio De Oliveira & Daniela S. Carvalho
- Deborah Desse
- Ann S. Defontes
- Michael DeLeo
- Rachel D. Dennenberg
- Brian Derbyshire
- Ed Albert DeSantis & Steve Wroblewski
- Kevin Deters
- Cheryl & Timothy Devlin
- Patricia Devlin
- Karen A. Day & Kimberly A. Crosson
- Barbara & Daniel Dickey
- Burge Diemer
- Stephen & Cherry Dimoff
- Joyce A. Dingwall, Ph.D.
- Disability Insurance Services
- David & Rose Marie Dishman
- Andy Dithavong
- Diversity Supplier Alliance
- Janet Dixon
- Alfred Dizorn
- Benjamin Dohrmann
- Doug R. Dolnak
- James Dolder
- James L. Donohoo & Joanne L. Marugg
- Arthur N. & Pamela J. Donaldson
- Pam J. Donaldson
- Martha J. Dorsey
- Yvonne Dostal
- Sandy Downes
- Bill P. Driscoll
- Barbara Dudi
- Lt. Col. M. L. Dudley, USAF (Ret.)
- Deborah Duerson
- Dave & Julie Dufour
- Charles & Janet Dungan
- Ann Duggan
- Victor Dumancas & Derek Kelaita
- Lourdes Dungan
- Patricia L. Dunkel
- Kathleen Leslie Dunn
- Christie Dunning
- Mary Dyer
- David & Leslie Edquist
- Vivi Edskog
- William M. Effert & Leslie Hodge
- Gail Eglil
- Mervyn Einbund
- Melvin Eisenberg
- Margaret C. Eldridge
- Richard & Patty Elkus
- Lawrence Elugbadebo
- Jeanie Emigh & Kenneth Hunter
- Harry E. Engel
- Karl T. Enold-Nerman
- Paul & Marilyn Erickson
- Lee Estes
- Ralph Estrada
- Joel E. Ewan & Carol Spielman-Ewan
- Dana Fadlalla
- Pleshette Fambrough
- Edward Farajzadeh, D.D.S.
- Susan L. Famer
- Mercedes M. Farrell & Edward P. Murphy
- Susan Farrell & Ned Krumrey
- LaToya Farrish
- Davis H. Faulkner
- Christina Dawn Fedor
- Martina Felthaber
- Jaci Feinstein
- Kristine Fernandez
- Don Ferriolo
- Leanne Fessler
- Roger & Elizabeth Fetterly
THANK YOU TO OUR GENEROUS DONORS

Maureen Liantonio


Thank you to our generous donors:

Nicola D. Salmon
Ashlie Salvador
San Diego Beach Volleyball League
San Diego LGBT Pride
The San Diego Sisters of Perpetual Indulgence

Leonor Sanchez
Nancy Sasaki
Brian & Patricia Saunders
Glen S. Savage
Jeff Saywitz
Timothy & Patty M. Scarborough
Kelli Schandel
Bernard & Sherrill C. Schoner
Anthony P. Schmid
Joshua L. Schmidt
Leslie Schnaubelt
Stephen M. & Carol Schneeweiss
Bryan Schneider
Steven & Deborah Schneider
Frank W Schossow Jr.
Mark & Carol Schrammel
Jules Schreiber
Schukit Family Fund at Fidelity Charitable
Marc & Judith Schukit

Dawn Schulter
Gerson D. Schumon, USN (Ret.)
Mark Schwarz
Angela Scioscia
Frances & Leo Sciocto
Brenda Scott
Kari Scott & Dino Serafini
Lynn Scozzari
Misty Scrolock
Carol Sebastian-Neely
Marcy & Gleason See
Melvin & Ramona Segal
Linda J. Seifert
Laura & Ray Seiler
Neal Sekiya
Sean Sell
Greg Selleck
Dino Serafini
Sandra A. Sgoutas-Emch
Milind Shah
Swati Shah
Chris Shaheen
Guy Shaw
Richard A. & Jo-An O. Shaw
Theodore R. L. Shaw
Tracy B. Shaw
Michael Sheehan & Hank Ramirez
Karen & Robert Shettes
Albert & Marilyn Sheldon
Shell & Motiva Employee Giving Program
Bruce Shelton
Kelly E. Sherlock
Phyllis Sherlock
Ellen M. Shively
Summer Shoemaker
Janice Shires
Michael & Nia Shores
Daves Short
Mark Short
Eric A. Shute
Suzanne Siedler
David Siegel
Stan & Renee Siegel
Joel Sigeti & Linda Davis
Sandy Silverman
Jodie Simbolon
Mary T. Singh
Virginia & Joseph Singh
Annette Sissenwein
Thomas A. Sklenar
Dr. Leila Hoang Skol
Bridget Slatten
John Slavens
John Smajdek
Bonnie Smigel
Ben Smith
Charlene M. & Cody Smith
Chris Smith
Chris M. Smith
Cody & Charlene Smith
Dana Smith
Dana M. Smith
Ellen Smith
Linda R. Smith
Pamela A. Smith
William B. Smith & Diane Aker
Charles Bart Smoot
Allen Snyder & Lynne Lasry
Kelli Snyder
Kenneth Snyder & Richard W. Ross
Kent & Cindy Snyder
Soledad Club
Steven M. Solomon
Mike Sanpaco
Lawrence & Diane Speidel
Will Spence
Carol Spielman-Ewan
Jewel M. & N. J. Spitzer
The Jill and Mark Spitzer Fund of the Jewish Community Foundation

Helur Spurling
Anne St Louis
St. Peters by the Sea Lutheran Church
John Stancil
Michael & Jan Standerfer
Barbara Stark
Grace Stater
Allen W Steele
Raymond Stefanatz
Bob Stefanko
Otto & Sharon Steinbronn
G.W. Steincross & Mary Ellen Doyle
Summer Stephan
Charles Stephens
Cecil H. Steppe
Dotty Sterbenz
Aleida Sterling
Allison Stevens
Todd F. Stevens
Lisa Stewart
Peter Stewart
Tom C. Stewart
LolaSlice
Patricia A. Stickels
Frank J Stinti
Stephanie Stone
Brad Stoner
Ted Strat
Stu Strebig
Tim Strong
Harry & Pamela Strother
Jill D Stull
Michael Succetti

Todd Sulger
Capt. Robert A. & Shelly Sulit
Jermiah F. Sullivan
Randall J. Sulzer, D.D.S.
Carol Sunoffskey
Robert & Ellen Svatos
Kara Swafford
Kent Swedell
Carl Swenson
Lucy Swift
Hasin Syed
Ross Talner
David Tamayo
Laura Tacrenedi-Baase
Christine & Roy Taramasco
Marc Tarasuck
Danielle Tar
Richard Taubman & Cathy Scholl
Deborah Taylor-Pearce & Raymond R. Descoteaux
Debra L. & Andrew Teclaw
Ann K Temple
Terry & Carol Tennebaum
Pete T Terrebonn
Dianna Terry
THNKnbusiness
Jill Thacker & Gregg Rosner
Hina Thaker
Atul & Kalpana Thakkar
The U. S. Charitable Gift Trust
Kimberly Thomas
Maylan Thomas
Dorothy A. Thompson
Jean A. Thompson-Bowers
Violet Thorsland
Mallory Thorne
Thrivent Financial
Jan Tierney
John & Kate Tilton
Kate Tilton
Lindsay Tillaer
Steven Tjadn
Devon L. Tobler
Mica Togami
Jack Togt
Silva P Toledo
Michael Toney
Vanessa L. Toscano
Jennifer Toth
Danielle Towne
Mailan Tran
Rochelle Tregger
John Treiman
John & Judith Trinkle
Kenneth J. Troiano
Allen W Troub
Truist
Bob Webber
Duane Weddle
Susan Weekes
Joseph Weening
Ailien Welch
Michael Welch
Tom Welch
Glen F. Westbrock
Wendy Wencke
West Coast Group Benefits
C. Arthur West Ill
David P. Westerhout & Melissa D. Phillips

Paul Van Deusen
Graham Van Dusen
René van Rens
Amiel Vargas
Molly & Joseph Vasquez
Steven C. Vaughan
Maria G. Vazquez
Bruce J. Vermazen
Mark A. Vezola
James & Lisa Vickers
William & Susie Vidrith
Don Vietti
Maria Villar
Jef Villavicencio
Susan Vinillta-Friedman
Erik Visnyah
Lit Visnyak
Dr. Dawn Viveash and Dr. Gerald Kolaja
Thomas Voelp
William Vogt
Sim Von Kalinowski
Jutta Von Weise
Brian Votaw
Sharon & David Walborn
Judy Walker
Peter & Coralie Walker
Michael Wallace
Vicki Wallace
Christel A Wallin
Mark Walton
Glenn E. & Mercedes Warner
Karen & Mark Montijo
Michelle Watson
Nancy & John Weare

Brian D. Weathersbee & Roger S. Werbeck
Rob Webber
Duane Weddle
Susan Weekes
Joseph Weening
Ailien Welch
Michael Welch
Tom Welch
Glen F. Westbrock
Wendy Wencke
West Coast Group Benefits
C. Arthur West Ill
David P. Westerhout & Melissa D. Phillips

Mark Weston
Annamarie Whalen
Jacqueline Whaley
Richard & Joyce Wharton
Darryl White
Wendy White
Lan Wiborg
Kristina Wilbur
Barry Wilken
Tracy Wilkes
Judith & Robert Wilkinson
Liz Willers
David Williams
Lyle E. Williams
Ellen H. Williamson
Christine Willis
Anne Willson
Aron Wilson
Gena Wilson
Mitch Wilson

Janet L. & Anne Winder-Steed
Susan Winebrenner
Bryan Winke
Christian F. Winkle, IV
Rhonda Wise
Roxanne & Ian Wisenberg
Michael Wittmer
Steve Wojdowski
Penny J. Wollum
Tony E. Woltman
Edward G. Wong
James Wong
Matthew Wong
Michael & Anya Wong
Patrick D. Woo
Dennis & Karen Wood
Alin Worley
Jared S. Wright
Jennifer M. Wright
Stephen A. Wroblewski
Steven Wu
Theresa A. Wurzliech
Richard P. & Rita P. Wyckoff
Andrea Yablonick
Roger Yates
Sidney Yin
Linda Young
YourCause Corporate Employee Giving Programs
YourCause, LLC - Trustee for Synchromy Financial
YourCause, LLC Trustee for Catalent Pharma Solutions
YourCause, LLC Trustee for Edison International
YourCause, LLC Trustee for MUFJ Union Bank
YourCause, LLC Trustee for Wells Fargo Community Support
Shawn Yu
Ronald Zaberer
John & Kathleen Zack
Michael Zaman
Ignacio Zamudio
Ruby Zavalza
Susan Turner Zayas
Brit Zeller
Dr. Alan J. Zieg
Harold E. Zimmick
P. J. Zlotnik
Patrick Zondler
Elizabeth L. Zoner
Nancy Zounes
THANK YOU TO OUR IN-KIND DONORS

Asma Abdi
Allied Office Plaza
Allison + Partners
Elizabeth Alvarado
Andaz San Diego-Hyatt Hotel Corp
Anonymous
Aqui Es Texcoco
Argyle Steakhouse at Park Hyatt Aviara
The Art Institute Culinary Club
Avant at Rancho Bernardo Inn
John Bain
John K. Ballnik
Bar Bodega
Bar Pink
Barona Valley Ranch Resort and Casino
Brian Beagle
Bear Buns Bakery
Behind the Scenes Catering and Events
Better Buzz Coffee
Betty's Pie Whole
BIGA
Bird Rock Yoga
Jason Blangero
Jim Blevins
Genevieve Bloom
Breakfast Republic
Brothers Signature Catering & Events
Bumble Bee Foods
Frank Bustos
Café Japengo
California Association for Nurse Practitioners
California Center For The Arts, Escondido
California Conservation Corps
Candy Depot
Cardiff Seaside Market
Amy Carlson
Todd C. Cazin
Centerplate/San Diego Conv Center
Robin Chiki
Cilibank / Women's Network Southern California
Civicco 1845
Classy
College Pride
Congregation Beth Israel of San Diego
Copy Cove
Jim Corrigan
Crayov Cookies
Cygnet Theatre Company
Trelli Davis
Decker Brothers Gourmet
Jerry Delair
El Cajon Optimist Club
El Jardin
Elevate
Elsevier
EscoGelato
ExamOne
Exercise for Lifestyles
Farmer & The Seahorse
Feet First Eventertainment
Fig Tree Cafe
First Unitarian Universalist Church
First United Methodist Church
Flowers Of Point Loma
Mejia Francisco
The French Gourmet
Frozen Ropes 4S
Fuscoe Engineering
Gap - Store 311 Horton Plaza
Gelco
Generations Escrow
Go Chiropractic
Matthew Goodman
Goody's Sushi & Grill
Groundswell Brewing Company
Halozyme Therapeutics
Handlery Hotel
Linda Heelely
House of Pacific Relations Queens
The Human Connections Magazine
Hyatt Regency La Jolla
Inner Balance Institute
Jack in the Box, Inc.
Jenny Wenny Cakes
Jewish Family Services
Miguel Johnson
Just Call Us Volunteers
Shari Juster
Kaiser Permanente Pulmonary Department
Kappa Epsilon Psi Military Sorority Inc.
Kate Sessions Elementary School
Katie's Healing Kitchen
Kearny High School JROTC
Nichole S. Kebriti
Brian J. Kennedy
Albert Killen-Harvey
King-Chávez Preparatory Academy
Kitchen 1540
Loews Coronado Bay Resort
Carlos R. Longoria
Lotek Customs
Lusti Motors
The Main Course
Manchester Grand Hyatt San Diego
The Marine Room
MassMutual Pacific Coast
Ken Matsushita
Maya's Cookies
The Med at La Valencia Hotel
Moneymark North Park
Mook and Pop
Melissa Moreno
Bill Morrison
MRC
Nason's Beer Hall
Negociant Winery
Nine-Ten Restaurant
Normal Heights Elementary School
North Park Breakfast Company
Oceanside Museum Of Art
Old Town Trolley Tours of San Diego
The Original Pancake House
Paipa's Buffet at Sycuan Casino
Park & Rec
Pendry San Diego
Piatth Ristorante & Ceivicheria
Pisco Rottonserie & Cevicheria
Pretty Please Fashion
Provisional Kitchen Cafe & Mercantile
Red Marlin
Remington Tattoo
ResCare
Stephanie Rivera
Andrew E. Robinson
Maria Rosas
Andrew S. Rosenberg
RSCR California Inc
Sadie Rose Baking Co.
Sally's Fish House and Bar
Sammy's Woodfired Pizza
San Diego Cake Club
Scatena Daniels Communications, Inc.
Searsucker San Diego
Serrano & Associates
Sharp Medical Center Chula Vista
Sheraton Mission Valley
Silverado Hospice San Diego
Smokyard BBQ & Chop Shop
Snooze, an A.M. Eatery
Soleil @ K
Willow Springs
St. Luke Roman Catholic Church
Starly Lane Bakery
Stone Brewing World Bistro & Garden
Christine Studer
Mary Sturm
Sun Photographer
Swinerton Builders, Inc.
The Swinerton Foundation
Sycuan Casino
Zak L. Szmyczak
Tidal Restaurant
Kim Todd
Town & Country
Trader Joes
Trust Restaurant
Twigg's Bakery & Coffee House
UC San Diego Extension
UC San Diego Moores Cancer Center: Clinical Trials Office
Uptown District Home Owners Association
Urban Skin Care
Veritext Legal Solutions
Vessel
Erin Walsh
Waypoint Public
Roger S. Werbeck
Whisknadle Hospitality
Mary A. White
The Wild Thyme Company
Willis Towers Watson
Wine Vault & Bistro
Bryan Winke Design
Wrench & Rodent Seabasstropub
Wyndham Vacation Ownership
Yard House

thank you to our in-kind donors
We express our deepest gratitude to the 923 volunteers who donated their time and talent to deliver our mission to the community.

### 300+ Hours of Service
- Ron Autry
- Tim Edwards
- Steve R. Kaplan
- Roger M. Negro

### 200-299 Hours of Service
- Gary Allard
- Ernie Andrade
- Jim Blevins
- Maria A. Cordileone
- Timothy A. Dominic
- Anthony C. Flores-Garcia
- Rita K. Gallickson
- Emily S. Kijanka
- John E. McCarthy
- Ursula A. McGowan

### 150-199 Hours of Service
- Sue Bakley
- Claudia C. Bender
- Linda Cory
- Ronald G. Fichter
- Dolores O. Flores
- David Friedman
- Janus L. Guada
- Bobbi Harwood
- Marilyn Hundley
- Amber Fuer M. Luzano
- Chris L. McMahon
- Richard Moore
- Carol J. Nicholson
- Patricia G. Pasquill
- Marjorie Peck
- Andrew S. Rosenberg
- Bruce Roth
- Scott K. Smith
- Julien R. Spencer
- Jan M. Standifer
- Tom Waldron
- Scott U. Walls
- Kelly A. Wing
- Jennifer M. Wright
- Steven Wu

### 100-149 Hours of Service
- Everardo F. Aguilar
- Blair Alexander
- Anita M. Barlow
- Zach C. Barmack
- Hui Bau
- Etayne R. Berman
- Rob Bridges
- Robert Burdge
- Linda P. Burton
- Taylor Charles Charter

### 50-99 Hours of Service
- Robin Chiki
- Nan Coffin
- Kathleen M. Corcoran
- John Crepeau
- Rachel Damm
- Cheryl Devlin
- Timothy Devlin
- Janet Dixon
- John A. Drury
- Kellie Evans-O’Connor
- Laura Feldman
- Jesus E. Flores
- Rita A. Frazee
- Terri French
- Roger Frey
- Irene Galarneau
- Kirk R. Garrod
- Joel Gerber
- Rubin Grell
- Paul Grisham
- Miguel R. Hernandez
- Gary H. Hess
- Mike Horn
- Nancy Janus
- Nui Y. Jeong
- Ming Jeong
- Leilani L. Kurtz
- Scott Lawry
- Elisabeth Lipton
- Gregory A. Lommen
- Sandra Bea Mekuchonis
- Celia Melvin
- Margarita Metcalf
- Frederick O. Montes
- Robin Moss
- Gisela E. Muller
- Austin M. Mulloy
- Vang Ngo
- Mary L. O’Brien
- Jorge Orozco
- Barbara Oswalt
- Barbara Perez
- Holly Peterson
- Daniel M. Potter
- Terri Reid
- Sharon A. Reynolds
- Robert Rocchi
- Bill Rommel
- Penny Marilyn Rommel
- Robert C. Rosenberger
- Carole Salazar
- Judy Schroeder
- Karen Schuldies
- Melina M. Sisneroz
- Leah A. Tombleson
- Alicia Vicars
- Cheryl S. Weldon
- James J. Willis
- Judy Wilson
- Jim Wong
- Stephen Wu

### 50-99 Hours of Service
- Jacob R. Adams
- Adam Balo
- Anna M. Barrera
- Patricia A. Bello
- Karen Berson
- Ronda R. Bingham
- Kate Borden
- Bo Bortner
- Michael W. Bratton
- Richard R. Brown
- Janet Bruner
- Chris Cacioppo
- Patsy A. Castillo
- Laura Cate
- Michaela R. Clegg
- Denise M. DeCappio
- Jason DeFay
- Tim Dominic
- Bill P. Driscoll
- Jeffrey Dunlap
- Kelly M. Eifer
- Carol R. Elliott
- Gilbert E. Field
- Ann M. Fitzpatrick
- Jeffrey Fleming
- Gary A. Flower
- Cora Flower
- Jim Galante
- Don Gianguido
- Victor Gonzales
- Charles Gonzalez
- Mike Goodrich
- Michael A. Goolsby
- Dave L. Guarnotta
- Jerome L. Hall
- Jane Halsey
- Jim R. Harrington
- Lisa M. Hatfield
- Kelley Hess
- Dr. Robert A. Horlick
- Marc J. Horvath
- Gillian Hughes
- Craig E. Hunsaker
- Heather L. Hunsaker
- Austin D. Icke
- Jeanette M. Keyes
- Joey A. King
- Mitreya M. Lousteau
- Lynn Michelle G. Luneau

### 50-99 Hours of Service
- Marc Mangiantini
- Kathy U. Mateer
- Roy Mays
- Roberta L. Moss
- Michelle Nakamichi-Lee
- Charlie E. Neal
- Melissa Neumann
- Tien Nguyen
- Amy Nisen
- Matt R. Olson
- Judy Paulson
- Paul Portillo
- Lee Pressley
- Don M. Ramsey
- Cyril Reinicke
- Monica Reinicke
- John Douglas Rogers
- Rick Rosleika
- Courtney V. Sabol
- Ken Scruggs
- Emilie Sierra
- Cindy Sinclair
- Tony J. Sterzinger
- Eleni Stevens
- Stu Strebig
- Ray A. Stibring
- Jeffrey H. Sutherland
- Richard Taubman
- Bob Terris
- Christine Tucker
- Mike M. Tuke
- Satoe T. Turner
- Alan Vanden Avond
- Susan Vintilla-Friedman
- Nathan E. Waughier
- Roger S. Werbeck
- Darla Winn
- Roxanne Wisenberg
- P. J. Zlotnik

### 1-49 Hours of Service
- Rick Rosiejka
- John Douglas Rogers
- Monica Reinicke
- John Douglas Rogers
- Rick Rosleika
- Courtney V. Sabol
- Ken Scruggs
- Emilie Sierra
- Cindy Sinclair
- Tony J. Sterzinger
- Eleni Stevens
- Stu Strebig
- Ray A. Stibring
- Jeffrey H. Sutherland
- Richard Taubman
- Bob Terris
- Christine Tucker
- Mike M. Tuke
- Satoe T. Turner
- Alan Vanden Avond
- Susan Vintilla-Friedman
- Nathan E. Waughier
- Roger S. Werbeck
- Darla Winn
- Roxanne Wisenberg
- P. J. Zlotnik

### 50-99 Hours of Service
- Robert D. Anastasia
- Tiffany M. Aquino
- Scott Archer
- Marcelina Arenas
- Shelley D. Arthur
- Kevin S. Atto
- Maureen S. Atwell
- Lizette J. Ayala
- Reeni M. Baek
- Caryl A. Barmack
- Paul Barnard
- Tyler D. Barr
- David Bean
- Kyle M. Becchetti
- Noel P. Becchetti
- Gabrielle T. Beebe
- Cynthia Bell
- Mary Ann Bennett
- Thomas Bennett
- Deborah Benson
- Stacy Berman
- Alicja M. Bianchi
- Rita Bierman
- Michael N. Blackfield
- Mario C. Blanco
- Alexa L. Bliss
- Roy C. Bogseth
- Jabrain S. Bolante
- Kat L. Boulier
- Jocelyne H. Bower
- Stephanie Boyd
- Alexandra M. Boyd
- Megan J. Brazil
- Tiffany Z. Breed
- Tamara Bремес
- Solee P. Briseno
- Melody G. Brittingham
- Timothy Brouilleau
- Randy J. Brown
- Gwen J. Brown
- Pairote Buranakitsapoon
- Michelle Burkart
- Donald Burns
- Bill Burton
- Ann D. Camonayan
- Donna F. Carig
- Matt A. Carmichael
- Lundie Garstensen
- Brittany A. Cavallo
- Debora A. Cazares
THANK YOU TO OUR VOLUNTEERS

Thank you to our volunteers.

The following groups volunteered their time at Mama’s Kitchen:

- Cuningham Group
- Davila
- Genentech
- Get Off Your Rockers
- Harrah’s Resort Southern California
- The Institute for Effective Education
- Intel
- Inuit
- Jack in the Box
- Kaiser
- Levi Strauss
- Liberty Mutual
- Mass Mutual
- Novatis
- Off Your Rockers
- Potters Cannabis Co.
- ProTravel
- Sharp
- Susan G. Komen San Diego
- Swinerton Builders
- TD Ameritrade
- Town & Country
- UCSD Nursing Program
- UPS
- United States Navy
- USD
- WorldMark Mission Valley
- Yard House
- Youngevity

We truly appreciate everyone’s gifts to Mama’s Kitchen, and we value your important contributions. If we omitted, misspelled, or listed your name incorrectly, please accept our apology for this inadvertent error, and contact us at (619) 233-6262 ext. 121 for corrections.
OUR MISSION
Mama’s Kitchen, a community-driven organization, believes that everyone is entitled to the basic necessity of life — nutritious food. Our nutrition services improve the lives of women, men, and children vulnerable to hunger due to HIV, cancer, or other critical illnesses.

OUR VISION
At Mama’s Kitchen, we envision a community where all individuals with critical illnesses are no longer vulnerable to hunger.