



Friday, March 13, 2020

Dear supporters, volunteers, and friends of Mama's Kitchen,

First of all, I want to thank you for your dedication and support of our mission. We know COVID-19 is a pressing concern to all of us at this time; and we are so grateful for those who already reached out to inquire about additional ways to support.

Mama's Kitchen services are as critical as ever during this public health emergency.

Therefore, we are seeking your help. We have an emergent need for volunteers and support as we increase our stock of supplies and continue to accept new critically ill clients at risk.

If you are healthy, not on the list of vulnerable populations, and able to [volunteer](#), we need you! If you can support our increased expense for healthy shelf stable food, we appreciate a [gift](#) in any amount.

Fortunately, with three decades of experience, Mama's Kitchen is well versed in addressing public health and the needs of those who are vulnerable. As with past public health emergencies, our team is also working with the County of San Diego to provide resources as part of their emergency response plan.

We will remain open and operating and will continue to deliver medically tailored meals and provide nutritional support. We are currently increasing our inventory of shelf stable food to, among other things, deliver one week of back up nutrition for all clients in the event of disrupted service, and stocking our shelves. Additionally we have a need to expand staff in repose to increased need for services. We are operating in a responsible and safe way, following public health department recommendations and implementing additional safety procedures to ensure the well-being of our clients, volunteers, and staff.

Please consider supporting in any way you can offer and share this call-to-action with your friends and family. Thank you for your support in taking care of our ill neighbors during this critical time.

I am so grateful to you and all our supporters who rise up to support Mama's Kitchen and our community in this time of need.

With gratitude,

A handwritten signature in black ink that reads 'Alberto Cortés'.

Alberto Cortés

Chief Executive Officer