Mama’s Kitchen, a community-driven organization, believes that everyone is entitled to the basic necessity of life — nutritious food. Our nutrition services improve the lives of women, men, and children vulnerable to hunger due to HIV, cancer, or other critical illnesses.

**OUR VISION FOR THE FUTURE**

At Mama’s Kitchen, we envision a community where all individuals with critical illnesses are no longer vulnerable to hunger.

**OUR WORK**

Mama’s Kitchen strives to provide nutritional support to San Diego residents at risk of malnutrition due to critical illness such as HIV, cancer, congestive heart failure and diabetes.

We help our clients improve their health outcomes, preserve their dignity, and keep their families together. Mama’s Kitchen provides home-delivered medically tailored meals, food pantry service and nutrition education, all at no cost to clients.
The 2019 fiscal year provided historic growth for Mama’s Kitchen.

In these twelve months, we served 368,498 medically tailored meals, engaged with a record number of volunteers, and expanded our mission to serve individuals with type 2 diabetes. Within the paradigm of Food is Medicine, we continue to increase the capacity of our programs and services. But truly, if there is one message we should take away from the past year, it’s that Mama’s Kitchen is in YOUR neighborhood. We are serving your neighbors, coworkers, friends, and family. And it gives us incredible pride to share that this year we served 45 San Diego cities and communities.

EXPANDING OUR MISSION

It has been one year since we began serving clients with congestive heart failure through our MediCal Pilot Program. The process and experience of executing this pilot has provided our team more advanced knowledge in developing medically tailored diets specific to a wider range of conditions. We now have 17 different menu options to accommodate the variety of needs our clients present. These enhancements enabled us to expand our mission once again and launch a Diabetes Pilot Program in January 2019. Within six months, this program had already served 2,499 meals to 29 individuals. The work we have done through these programs has not only benefited our clients with diabetes and congestive heart failure, but enhanced our programs for HIV and cancer patients as well.

CELEBRATING GROWTH

This past year we completed many strategic goals to build capacity for growth. In March 2019, we transitioned our hot meal delivery. Now, all meals are blast-chilled to best protect nutritional integrity, maintain food texture and flavor, and significantly decrease the risk of food-borne illness during meal transport.

Mama’s Kitchen’s Cancer Nutrition Program grew a substantial 67% during the 2019 fiscal year, serving 138,591 meals to 485 clients with cancer and their dependent children. This is more than three times the growth seen the previous year.

What started 29 years ago in a small geographic area, now serves all across San Diego County.

While the following pages will provide more detail of this year’s work and accomplishments, we would like to highlight a few.

Thank you for the support you have provided to Mama’s Kitchen. We have seen first-hand how food insecurity can exacerbate treatment difficulties. No one should have to choose between a roof over their head, the medicine they need, and food on the table. We know that healthy nutrition heals. Thank you for your selfless commitment to bringing hope to our critically ill neighbors.

The best is yet to come.
OUR PROGRAMS

**HOME-DELIVERED MEAL SERVICE**
The Home-Delivered Meal Service program breaks down barriers to healthy nutrition by preparing and delivering medically tailored meals to women, men and children suffering from HIV, cancer and other critical illnesses. The nutrition we deliver allows clients to strengthen their immune systems, improve adherence to treatment, reduce complications and hospitalizations, increase energy, and improve quality of life. The Home-Delivered Meal Service program is the only complete no-cost meal delivery and nutrition service available for critically ill San Diego residents.

**MAMA’S PANTRY**
Mama’s Pantry is a grocery pantry available to those who are HIV positive and whose income does not exceed $1,500 per month. Once a month, clients who are healthy enough to shop on their own, but whose extremely low income prevents them from being able to afford nutritious, healthy food can visit the Pantry and shop for the equivalent of 21 meals per visit. The Pantry offers a variety of healthy non-perishable items such as cereals, pastas and canned goods as well as a variety of perishable items, including meat, dairy, fresh fruit and produce, and bread.

**EMERGENCY FOOD ASSISTANCE**
The Emergency Food Assistance Program provides immediate support to HIV+ San Diego residents who face an emergent need for food assistance. Once referred by a case worker, clients receive up to 12 weekly grocery bags in a 12-month period. Each bag contains perishable and non-perishable goods to make 21 meals. This program is funded by the County of San Diego with Ryan White Care Act funds.

**MEDICAL NUTRITION THERAPY**
Mama’s Kitchen partners with many community clinics who serve HIV+ San Diego County residents. Our registered dietitians visit these clinics or use virtual meetings to conduct medical nutrition therapy classes. Each class teaches tangible ways that HIV+ individuals can use nutrition to achieve their best possible health outcomes.
### Home-Delivered Meal Service

**HOME-DELIVERED MEAL SERVICE** provides three meals a day, plus healthy snacks, 7 days a week and offers 17 different meal plans to accommodate dietary restrictions and preferences. This fiscal year, Mama’s Kitchen added a new Pilot Type 2 Diabetes Nutrition Program.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>212,526</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>10,866</td>
</tr>
<tr>
<td>Children's Nutrition Program</td>
<td>35,226</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

Children's meals are also included in the totals for the HIV and Cancer Nutrition Programs, based on their parents’ diagnosis.

<table>
<thead>
<tr>
<th>Area</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>North County</td>
<td>15%</td>
</tr>
<tr>
<td>Central</td>
<td>40%</td>
</tr>
<tr>
<td>East County</td>
<td>16%</td>
</tr>
<tr>
<td>Southeast</td>
<td>8%</td>
</tr>
<tr>
<td>South Bay</td>
<td>21%</td>
</tr>
</tbody>
</table>

### Medical Nutrition Therapy

**MEDICAL NUTRITION THERAPY** partners our HIV+ clients with our Registered Dietitian to learn tangible ways to use nutrition to achieve their best possible health outcomes.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>10,866</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>2,514</td>
</tr>
<tr>
<td>Children’s Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

Children’s meals are also included in the totals for the HIV and Cancer Nutrition Programs, based on their parents’ diagnosis.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>10,866</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>2,514</td>
</tr>
<tr>
<td>Children’s Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

### Volunteers

- **1,198** total volunteers
- **31,152** total volunteer hours donated
- **$87,042** value of miles driven
  - (Value based on the IRS Mileage Reimbursement Rate = $0.58Source IRS business rate)
- **$933,002** value of donated hours
  - (Value based on California Volunteer Time Valuation = $29.95 per hour Source 2018 data The Independent Sector)
- **48** total number of corporate volunteer groups
- **150,072** volunteer miles driven

### Emergency Food Program

**EMERGENCY FOOD PROGRAM** provides up to 12 weekly grocery bags, in a 12-month period, each containing perishable and nonperishable food items to low-income, HIV+ and clients facing an emergent crisis.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>10,866</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>2,514</td>
</tr>
<tr>
<td>Children’s Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

Children’s meals are also included in the totals for the HIV and Cancer Nutrition Programs, based on their parents’ diagnosis.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>10,866</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>2,514</td>
</tr>
<tr>
<td>Children’s Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

### MAMA’S PANTRY

**MAMA’S PANTRY** offers monthly access to low-income, HIV+ individuals, to choose produce, lean meats, eggs and dairy, refrigerated goods, dry goods, and canned items to best meet their health needs.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>10,866</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>2,514</td>
</tr>
<tr>
<td>Children’s Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

Children’s meals are also included in the totals for the HIV and Cancer Nutrition Programs, based on their parents’ diagnosis.

<table>
<thead>
<tr>
<th>Program</th>
<th>Number of Meals Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Nutrition Program</td>
<td>138,591</td>
</tr>
<tr>
<td>Congestive Heart Failure Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Cancer Nutrition Program</td>
<td>10,866</td>
</tr>
<tr>
<td>MediCal Pilot Program</td>
<td>2,514</td>
</tr>
<tr>
<td>Children’s Nutrition Program</td>
<td>3,969</td>
</tr>
<tr>
<td>Diabetes Nutrition Program</td>
<td>2,514</td>
</tr>
</tbody>
</table>

### 2019 by the numbers

- **1,624** total number of clients served across all programs
- **$1,020,044** total value of volunteer contributions
- **368,498** total number of meals served through Home-Delivered Meal Service
“After beginning cancer treatment, I could no longer work. My only income is social security and after paying rent and bills there was little left for food. For many months I was hungry all of the time and worried about money. There was never money for meat, fish or heat in the winter. I needed to put on weight, so I would buy the cheapest food with the most weight/ounces at the 99 cent store. Since Mama’s Kitchen started delivering meals, I have been able to eat a balanced diet and have gained 15 lbs! It feels soo good. I always look forward to seeing the delivery volunteers who always have a smile. You have been such a miracle in my life for which I am tremendously thankful.”

“Nadia told our registered dietitian, Stephanie, that she really wanted to learn about healthy eating to manage her diagnosis. Prior to their nutritional counseling sessions, Nadia was not checking her blood sugar or taking insulin. By the third counseling session, Nadia’s appetite and mood had improved. She was checking her blood sugar daily and was able to walk and clean her house. Nadia shared, “I am so happy with this meal service, now I am feeling better. I hope to return to work soon!”

“I had been in and out of the hospital with several complications from my HIV diagnosis. I was so weak I couldn’t even stand long enough to prepare a meal. I would regularly fall asleep without eating or would nibble on unhealthy snacks or salty pre-packaged foods. Mama’s Kitchen has helped me so much by providing balanced, healthy meals every day. If not for the food deliveries, I would be living on fast food or going without food to have money to pay my rent and bills. I feel so much better now that I am eating good food. I’m not going to lose my fight with this disease–I’m going to keep fighting and someday I’ll beat it.”
**STATEMENT OF ACTIVITIES**

For the period of July 1, 2018 - June 30, 2019 (with comparative totals for the period of July 1, 2017 - June 30, 2018).

**REVENUE, GAINS AND OTHER SUPPORT**

<table>
<thead>
<tr>
<th>Source</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>County of San Diego - Ryan White</td>
<td>$486,590</td>
<td>$476,810</td>
</tr>
<tr>
<td>County of San Diego - HOPWA</td>
<td>$163,958</td>
<td>$160,683</td>
</tr>
<tr>
<td>CDBG City of San Diego grant</td>
<td>$100,000</td>
<td>$89,812</td>
</tr>
<tr>
<td>CDGB of Vista grant</td>
<td>$15,000</td>
<td>$10,000</td>
</tr>
<tr>
<td>Non-government contracts</td>
<td>$207,596</td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>$2,188,171</td>
<td>$1,631,216</td>
</tr>
<tr>
<td>Capital projects - net of discount</td>
<td>$5,158</td>
<td>$6,850</td>
</tr>
<tr>
<td>Donations in-kind</td>
<td>$113,249</td>
<td>$93,481</td>
</tr>
<tr>
<td>Donated services and facilities</td>
<td>$379,114</td>
<td>$384,301</td>
</tr>
<tr>
<td>Special Events, net of direct expenses</td>
<td>$(27,255)</td>
<td>$(26,071)</td>
</tr>
<tr>
<td>Gain on sale of assets</td>
<td>35</td>
<td></td>
</tr>
<tr>
<td>Social enterprise</td>
<td></td>
<td>448</td>
</tr>
<tr>
<td>Investment income</td>
<td>$45,899</td>
<td>$40,443</td>
</tr>
<tr>
<td>Net realized and unrealized gain on investment</td>
<td>$136,003</td>
<td>$88,313</td>
</tr>
<tr>
<td><strong>TOTAL REVENUES, GAINS AND OTHER SUPPORT</strong></td>
<td>$3,813,518</td>
<td>$2,956,720</td>
</tr>
</tbody>
</table>

**EXPENSES AND LOSSES**

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services</td>
<td>$2,356,933</td>
<td>$2,237,069</td>
</tr>
<tr>
<td>Social enterprise</td>
<td></td>
<td>$149,216</td>
</tr>
<tr>
<td>Management and general</td>
<td>$148,319</td>
<td>$475,719</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$463,505</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES AND LOSSES</strong></td>
<td>$2,968,757</td>
<td>$2,862,004</td>
</tr>
<tr>
<td><strong>CHANGE IN NET ASSETS</strong></td>
<td>$844,761</td>
<td>$94,716</td>
</tr>
</tbody>
</table>

**STATEMENT OF FINANCIAL POSITION**

As of June 30, 2019 (with comparative totals for June 30, 2018)

**ASSETS**

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$173,816</td>
<td>$143,722</td>
</tr>
<tr>
<td>Investments</td>
<td>$1,846,993</td>
<td>$1,680,718</td>
</tr>
<tr>
<td>Accounts Receivable – net</td>
<td>$198,368</td>
<td>$140,203</td>
</tr>
<tr>
<td>Inventories</td>
<td>$34,054</td>
<td>$31,129</td>
</tr>
<tr>
<td>Prepaid expenses and other</td>
<td>$57,167</td>
<td>$44,675</td>
</tr>
<tr>
<td>Pledges receivable – net – current portion</td>
<td>$4,241</td>
<td>$13,000</td>
</tr>
<tr>
<td><strong>TOTAL CURRENT ASSETS</strong></td>
<td>$2,314,639</td>
<td>$2,053,447</td>
</tr>
<tr>
<td>Property and equipment - net</td>
<td>$1,793,725</td>
<td>$1,813,075</td>
</tr>
<tr>
<td>Other assets - net</td>
<td>$159,897</td>
<td>$5,805</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td>$4,268,261</td>
<td>$3,872,327</td>
</tr>
</tbody>
</table>

**STATEMENT OF FINANCIAL POSITION**

As of June 30, 2019 (with comparative totals for June 30, 2018)

**LIABILITIES**

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Line of Credit</td>
<td>$74,260</td>
<td>$454,260</td>
</tr>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$156,267</td>
<td>$108,189</td>
</tr>
<tr>
<td>Current portion of long-term debt</td>
<td>$94,193</td>
<td>$61,253</td>
</tr>
<tr>
<td><strong>TOTAL CURRENT LIABILITIES</strong></td>
<td>$324,720</td>
<td>$623,702</td>
</tr>
<tr>
<td>Long-term debt</td>
<td>$56,410</td>
<td>$206,255</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td>$381,130</td>
<td>$829,957</td>
</tr>
</tbody>
</table>

**NET ASSETS**

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Without donor restrictions</td>
<td>$3,625,395</td>
<td>$2,958,166</td>
</tr>
<tr>
<td>With donor restrictions</td>
<td>$261,736</td>
<td>$84,204</td>
</tr>
<tr>
<td><strong>TOTAL NET ASSETS</strong></td>
<td>$3,887,131</td>
<td>$3,042,370</td>
</tr>
</tbody>
</table>

**TOTAL LIABILITIES AND NET ASSETS**

<table>
<thead>
<tr>
<th>Category</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$4,268,261</td>
<td>$3,872,327</td>
</tr>
</tbody>
</table>

07
Mama’s Kitchen is incredibly grateful to all our donors and partners who believe in our mission and the healing power of nutrition. Thank you for making our impact possible.

**$100,000 and above**
- County of San Diego
- S. Mark Taper Foundation
- Leroy Holloway Estate
- Farrar Revocable Trust
- California Department of Health Services
- The Perlman Inter Vivos Trust
- Anonymous
- Gilead Sciences

**$50,000 - $99,999**
- City of San Diego
- MAC VIVA GLAM Fund

**$25,000 - $49,999**
- Anonymous
- Broadway Cares/Equity Fights AIDS, Inc.
- The Hay Foundation
- Kaiser Foundation Hospitals, San Diego
- Nordstrom, Inc.
- Price Philanthropies
- Shamrock Foods Company
- Sycuan Casino
- Walter J. and Betty C. Zable Foundation

**$10,000 - $24,999**
- Alan Vanden Avond
- Alliance Healthcare Foundation
- The Bravo Foundation
- City of Vista
- The Farrell Family Foundation
- The Seymour and Rose Kaplan Endowment Fund
- Las Patronas
- Kenneth T. & Eileen L. Norris Foundation
- Allison and Robert Price Family Foundation
- The Swinerton Foundation
- The TJX Foundation, Inc.
- Scott U. Walls & Gregory A. Lommen
- Wells Fargo Foundation

**$2,500 - $4,999**
- AIDS Healthcare Foundation
- Albertsons Companies Foundation
- The Ameritino Foundation
- The Frances and Jerry Anderson Family Charitable Trust
- Big Box Storage
- Jim Blevins & Francisco Yescas
- Heather Bowden
- The Bulova Gale Foundation
- Chisholm Chait Arts Fund
- The Country Friends
- Kimberly Fritz
- Cynthia Haney
- Honeywell International

**Corporation**
- Kimberly Jedrysik
- Kaiser Permanente
- Thomas Kwan & Brian Curcio
- Scott Lawry & John Rogers
- The Lewis Greenwood Foundation
- The Liddy Group at UBS Financial Services, Inc.
- Macy’s Chula Vista
- Dennis & Dean Mayer-Rutherford
- MedImpact
- Richard & Linda Moore
- Clarke Ramsey
- Dave Ricks
- Robert Rocchi & Russ Thompson
- San Diego LGBT Pride
- Sempra Employee Giving Network
- Sempra Energy Foundation
- Philip Sokol
- Sterling Hardware Group
- David J. Swanson
- T. Rowe Price Program for Charitable Giving
- TASC Combined Federal Campaign
- The Rob Benzon Foundation
- Matthew Turk Charitable Fund
- Kelly & Marc Wing
- Alice Jane Wylie
Whether cooking in our kitchen, delivering meals, assisting in our food pantry, or another critical role – our hundreds of volunteers are the life source of Mama’s Kitchen’s impact and growth.

Our Volunteers

Whether cooking in our kitchen, delivering meals, assisting in our food pantry, or another critical role – our hundreds of volunteers are the life source of Mama’s Kitchen’s impact and growth.

Volunteer of the year awards

Gary Allard
Lisa Hatfield
Federico Montes
Richard Moore
Virginia Nava

150 – 199 Hours of Service
Andrew Rosenberg
Anna May Barrera
Blair Alexander
Carol Nicholson
David Wornovitzky
Emily Kijanka
Jan Standerler
Janus Guada
Marilyn Hunley
Michele Vela
Nancy Janus
Patricia Clark
Patricia Pasquill
Paul Denny
Richard Moore
Rick Hensley
Scott Walls
Victor Perez

100 – 149 Hours of Service
Alejandro Castillo
Alcida Vicars
Amy Nisen
Barbara Oswalt
Bob Rocchi
Bob Terris
Bobbi Harwood
Bruce Roth
Carole Salazar
Caryl Barmack
Charles Gonzalez
Cyril Reincicke
Daniel Potter
David Friedman
David Gillaspy
Donna Mulcahy
Eileen Marks
Elayne Berman
Federico Montes
Gary Hess
Gilbert Field
Gisela Muller
Gregory Lommen
Hui Bau
Irene Galarneau
Janet Dixon
Jim Wong
Joel Gerber
Jorge Orozco
Karen Schulties
Kathleen Corcoran
Kelly Wing
Kirk Garrod
Laura Feldman
Leah Tumbleson
Letitia Kurtz
Linda Burton
Lola Stice
Marjorie Peck
Melina Sisneroz
Mike Horn
Ming Jeong
Monica Reincicke
Nan Coffin
Nui Jeong
Patricia Najera
Paul Grisham
Rachel Dam
Rita Frazee
Rob Bridges
Robert Buredge
Robert Horlick
Robert Rosenberger
Robin Chiki
Robin Moss
Roger Frey
Roger Werbeck
Ron Newcomer
Ronda Bingham
Rubin Grell
Sandy Meikuchonis
Scott Lawry
Sharon Reynolds
Stephen Wu
Susan Vintilla-Friedman
Teri Reid
Tom Quinn
Vang Ngo
Craig Hunsaker
Craig Lurie
Darrell McQueen
David Lux
Denise DeCaprio
Diane Hanson
Eleni Stevens
Emilee Sierra
Eric Darman
Erin Reilly
Erin Thomas
Frederick Reading
Gillian Hughes
Hannah Jordan
Heather Hunsaker
James Willis
Jason DeFay
Jason Leichter
Jeffrey Dunlap
Jerome Hall
Jesus Flores
Jim Harrington
Joe King
John Crepeau
John Drury
John Rogers
Judy Paulson
Judy Schroeder
Kathy Mateer
Kelley Hess
Kelly Efker
Kent Gillmore
Kristen Cherry
Laura Cate
Lezley Jones
Linda Cory
Lisa Hatfield
Lisa Lipton
Lisbeth Morrison

300+ Hours of Service

Ron Autry
The Institute for Effective Education
Rita Gullickson

200 – 299 Hours of Service
Anthony Flores-Garcia
Sue Bakley
Claudia Bender
Deborah Benson
Dolores Flores
Ernie Andrade
Gary Allard
Jim Blevins
John McCarthy
Kellie Evans-O’Connor
Margaret Hubbard
Maria Cordileone
Ronald Fichter
Scott Weldon
Steven Voshell
Timothy Dominic
Tom Stewart
Virginia Nava

50 – 99 Hours of Service

Alan Vanden Avond
Andy Zhou
Benjamin Ward
Bill Driscoll
Bill Rommel
Billie Lockett
Blake Peterson
Bo Bortner
Carlos Clark
Celia Melvin
Chad Ferrell
Cheryl Weldon
Cindy Sinclair
Craig Hunsaker
Craig Lurie
Darrell McQueen
David Lux
Denise DeCaprio
Diane Hanson
Eleni Stevens
Emilee Sierra
Eric Darman
Erin Reilly
Erin Thomas
Frederick Reading
Gillian Hughes
Hannah Jordan
Heather Hunsaker
James Willis
Jason DeFay
Jason Leichter
Jeffrey Dunlap
Jerome Hall
Jesus Flores
Jim Harrington
Joe King
John Crepeau
John Drury
John Rogers
Judy Paulson
Judy Schroeder
Kathy Mateer
Kelley Hess
Kelly Efker
Kent Gillmore
Kristen Cherry
Laura Cate
Lezley Jones
Linda Cory
Lisa Hatfield
Lisa Lipton
Lisbeth Morrison

Luis Castellanos-Dartt
Lynn Michelle Luneau
Marc Mangiantini
Margaret Wiedower
Margarita Metcalf
Mark Mandel
Mary Jo Thompson
Mary O’Brien
Melissa Neumann
Michelle Burkart
Mikayla Huegel
Mike Goodrich
Mireya Lousteau
Nancy Murrell
Noa Lakshmi
Patricia Bello
Patsy Castillo
Paul Barnard
Paul Jacquemain
Paul Portillo
Paul Zlotnik
Penny Marilyn Rommel
Pierrete Van Cleve
Rick Rosieka
Ricky Streitman
Roxanne Wisenberg
Roy Mays
Satoe Turner
Stacey Bellinger
Steven Rios
Stu Strebig
Teri Tucker
Teri French
Thomas DeFay
Tien Nguyen
Tyler Ly
Ursula McGowan
Victor Gonzales
Zach Barmack
### BOARD OF DIRECTORS

- **Tim Rourke**  
  President

- **Kevin Atto**  
  Vice-President

- **Scott Walls**  
  Treasurer

- **Jennifer Kearns**  
  Secretary

- **Andrew Rosenberg**  
  Member at Large

- **Jill Abasto**
- **Michael Baehr**
- **Jim Blevins**
- **Michelle Burkart**
- **Lisa Ferrari**
- **Kim Fritz**
- **Dora Guillen**
- **Mike Horn**
- **Mark James**
- **Michelle Jahn**
- **Thomas Kwan**
- **Scott Lawry**
- **Jeff Robers**
- **Jennifer Tuteur**
- **Gary Weitzman, DVM**
- **Adam Zweig, MD**

### OUR TEAM | 2019

#### Administration
- **Alberto Cortés**  
  Executive Director
- **Kelly Sherlock**  
  Director of Administration and Finance
- **Fran Weekley**  
  Bookkeeper

#### Operations
- **Gustavo Aburto**  
  Bilingual Certified Dietary Manager
- **Stephanie Boyd**  
  Registered Dietitian
- **JD Damon**  
  Operations & Facilities Coordinator
- **Tim Dominic**  
  Food Drive Coordinator
- **Tim Edwards**  
  Production Cook
- **Mark Maddox**  
  Director of Volunteer Engagement
- **Jason Martin**  
  Executive Chef
- **Vickie Randle**  
  Bilingual Meal Services Administrator
- **Kristine Stensberg**  
  Director of Nutrition Services

#### Development
- **Kay Bolden**  
  Grants & Institutional Giving Coordinator
- **Ben Coyle**  
  Director of Development
- **Silvia Dominguez**  
  Marketing and Events Coordinator
- **Haley Durr**  
  Donor Relations Manager
HEART WE COULDN’T DO THIS WITHOUT YOU.

mama’s kitchen

3960 Home Avenue, San Diego, CA 92105
PHONE (619) 233 - 6262  FAX (619) 233 - 6283
mamaskitchen.org