



Chronic Kidney Disease Nutrition Program

Directions for Submission

1. Referral must be signed by a MD, NP, PA, RD, RN or LCSW
2. Fax completed application to 619-233-6283 or email to secure@mamaskitchen.org
3. Contact Chris with any questions. Chris@mamaskitchen.org or call 619-233-6262

Section 1: Referral Information

Name of Case Manager/ Social Worker/ Health Care Provider: _____

Agency Name: _____ Phone Number: _____ Ext: _____

Email: _____

Section 2: Applicant Information

Patient Name: _____ Date of Birth: _____ Last Four Digits of SSN: _____

Address: _____ City: _____ Zip: _____

Phone Number: _____ Secondary Phone Number: _____

Email: _____ Primary Language: English Spanish

Emergency contact (other than case manager or social worker): _____

Relationship: _____ Phone Number: _____ Email: _____

Check each of one of the following -----

Gender

- Male
- Female
- Transgender
- Unknown/unreported

Housing

- Permanently housed
- Non-permanent housing
- Other
- Unknown/unreported

Veteran Status

- Veteran
- Not a Veteran
- Unknown

Hispanic/ Latino

- Yes
- No

Race (select one)

- White
- Black/ African American
- Asian
- American Indian/ Alaskan Native
- Native Hawaiian/ Other Pacific Islander
- American Indian/ Alaskan Native & White
- Black/ African American & White

- Asian & White
- Black/ African American & White
- American Indian/ Alaskan Native & Black/ African American
- Other Multi-Racial

Patient Name _____

Height: _____ ft _____ in Weight: _____ lbs Fluid Restriction? Yes No If yes, _____ ml/ day

LABS (date: _____): BP: _____/_____ K+: _____ Phos: _____ GFR: _____ Albumin: _____

If applicable, A1C _____ Date: _____

Food Allergy: _____

Section 3: Eligibility Information

- 1. To participate, Individuals must have *either* CKD stages 3-4 or ESRD (stage 5) who started dialysis less than 1 year ago:
Check applicable 1CD-10 code(s) for the client:

<input type="checkbox"/>	N18.3 - Chronic kidney disease, stage 3 (moderate)
<input type="checkbox"/>	N18.4 - Chronic kidney disease, stage 4 (severe)

OR

Started Dialysis less than 1 year ago

Date started Dialysis: _____

<input type="checkbox"/>	Z99.2- (dialysis)
<input type="checkbox"/>	N18.5 - Chronic kidney disease, stage 5
<input type="checkbox"/>	N18.6 - End stage renal disease

- 2. Secondary Diagnosis: CHF Diabetes COPD Cancer

Other (please specify): _____

- 3. To participate: Individuals must be physically or mentally unable to prepare meals. Please select all symptoms in the last 30 days

- Peripheral neuropathy, significantly limiting standing or ambulation
- Unintentional weight loss of more than 5% of baseline
- Severe Diarrhea, Nausea or Vomiting
- Bedbound or other mobility challenge

- Mild to severe shortness of breath
- Fatigue or pain that limits ability to prepare meals
- Other: Please specify _____

- 4. Does the individual have a life expectancy of more than 1 year? Yes No (individual would not qualify)

- 5. Does the individual have stable housing for the next three months? Yes No (individual would not qualify)

- 6. Does the individual have sufficient supports and ability to adhere to program protocols (mentally engage in nutrition education sessions and be home for deliveries)?

Yes No (individual would not qualify)

- 7. Is the individual enrolled in other meal provision programs? Yes (individual would not qualify) No

Section 4: Signatures

I certify that the information reported in this document is true, accurate and has been verified and that the applicant meets all program eligibility criteria and is eligible for services.

Provider Name: _____

Title: _____

Date: _____

Provider Signature: _____

Must be signed by a MD, NP, PA, RD, RN or LCSW
Please indicate title in signature